



## League 5 - 12 July - Westonaria Sports Complex

### **GIRLS UNDER 13 - 3KM**

| Position | Overall | Name                  | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 1       | Kgomotso Pholaonyane  | 4355    | Female | Prestige              | 11:25 | Y           | 2       |
| 2        | 2       | Nelly Longwe          | 41877   | Female | Cool running          | 11:48 | Y           | 2       |
| 3        | 3       | Simnikiwe Cefile      | 40858   | Female | Warriors of West      | 11:59 | Y           | 5       |
| 4        | 4       | Sihle Mbemba          | 41311   | Female | Run Alex              | 12:09 | Y           | 5       |
| 5        | 5       | Mieke Van Rooyen      | 42704   | Female | Monnas                | 12:16 | Y           | 3       |
| 6        | 6       | Retha Botha           | 42710   | Female | Monnas                | 12:26 | Y           | 4       |
| 7        | 7       | Manana Mtolo          | T5-099  | Female | Hts sasolburg         | 12:44 | N           | 1       |
| 8        | 8       | Ilse Louw             | 40007   | Female | Hoerskool Noordheuwel | 12:45 | Y           | 3       |
| 9        | 9       | Shalati Malokana      | 42357   | Female | Nedbank               | 12:57 | Y           | 2       |
| 10       | 10      | Precious Mahlangu     | 43076   | Female | Mogale Citizens AC    | 13:15 | N           | 3       |
| 11       | 11      | Hayley Reynolds       | 42599   | Female | Riebies AC            | 13:23 | Y           | 3       |
| 12       | 12      | Makgala Mokoena       | 42290   | Female | Brotherhood AC        | 13:30 | Y           | 4       |
| 13       | 13      | Puleng Bonolo Ngobeni | 42338   | Female | Nedbank               | 13:38 | Y           | 3       |
| 14       | 14      | Lucia Kubai           | 42890   | Female | East AC               | 13:40 | Y           | 4       |
| 15       | 15      | Onalenna Mahasha      | 43286   | Female | Lodirile AC           | 14:50 | Y           | 3       |
| 16       | 16      | Zukisa Dalasile       | 42144   | Female | Run Alex              | 16:53 | N           | 4       |
| 17       | 17      | Nosipho Mkhonza       | T5-127  | Female | Lodirile AC           | 17:13 | N           | 2       |
| 18       | 18      | Kedibone Ngatane      | 43248-B | Female | Kagiso Striders       | 17:39 | N           | 1       |
| 19       | 19      | Thompho Nemaconde     | 42723-B | Female | FootPrint AC          | 18:32 | N           | 1       |
| 20       | 20      | Mohludi Menyatso      | 40993   | Female | Gauteng striders      | 20:23 | Y           | 2       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 11 - 3KM**

| Position | Overall | Name                     | Licence | Gender | Club                    | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|-------------------------|-------|-------------|---------|
| 1        | 1       | Bonkang Maboya           | 43272   | Male   | Ubuhle                  | 10:53 | Y           | 4       |
| 2        | 5       | Mooketsi Matome Ramannya | 42877   | Male   | Thembisa AC             | 11:21 | Y           | 3       |
| 3        | 6       | Rorisang Moopelwa        | 43032   | Male   | KOPANO AC               | 11:41 | N           | 3       |
| 4        | 7       | Conor Cranston           | T5-036  | Male   | No Club                 | 11:48 | Y           | 3       |
| 5        | 9       | Christopher Britz        | 40397   | Male   | I have talent           | 11:57 | Y           | 3       |
| 6        | 12      | Caleb Oliver Smith       | 41571   | Male   | Run Zone                | 12:01 | Y           | 3       |
| 7        | 13      | Olebogeng Kujane         | 41337   | Male   | Warriors of West        | 12:26 | Y           | 4       |
| 8        | 15      | Inga Martins             | 43091   | Male   | Warriors of West        | 12:35 | Y           | 4       |
| 9        | 16      | Eneme Hadebe             | T2-070  | Male   | Distance Run Club       | 12:36 | N           | 3       |
| 10       | 17      | Anro Gouws               | T5-010  | Male   | No Club                 | 12:47 | N           | 2       |
| 11       | 20      | Lisakhanya Majodina      | 42483   | Male   | Ekhaya                  | 12:58 | Y           | 3       |
| 12       | 23      | Oratilwe Lebona          | 42882   | Male   | East AC                 | 13:22 | N           | 3       |
| 13       | 24      | Keamogetswe Ramorei      | 42848   | Male   | Thembisa AC             | 13:24 | Y           | 4       |
| 14       | 26      | Thabang Maseluma         | 43401   | Male   | Run Smart AC            | 13:52 | N           | 2       |
| 15       | 27      | Mnqobi Zwane             | 41264-B | Male   | FootPrint AC            | 14:02 | N           | 3       |
| 16       | 28      | Alejandro Duvenage       | 42783   | Male   | Springs Striders AC     | 14:04 | Y           | 4       |
| 17       | 29      | Elias Sabisa             | 41619   | Male   | Orange farm AC          | 14:37 | Y           | 2       |
| 18       | 30      | Hannes Joubert           | T5-054  | Male   | Laerskool Fontainebleau | 14:38 | N           | 1       |
| 19       | 31      | Andile Phiri             | 42500   | Male   | Ekhaya                  | 14:53 | N           | 3       |
| 20       | 34      | Tshegofatso Matsitela    | 42160   | Male   | Run Alex                | 15:16 | Y           | 5       |
| 21       | 35      | Letlhogonolo Ndlovu      | 43066   | Male   | Lara AC                 | 15:17 | N           | 2       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 12 - 3KM**

| Position | Overall | Name                            | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|---------------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 2       | Joshua Madden                   | 42960   | Male   | Upcoming Track Stars  | 10;54 | N           | 3       |
| 2        | 3       | Alunathi Ball                   | 43233   | Male   | Warriors of West      | 11:07 | Y           | 4       |
| 3        | 4       | Caleb Roberts                   | 41162   | Male   | Irun                  | 11;18 | N           | 5       |
| 4        | 8       | Reabetswe Mnqobi Molefe         | 40324   | Male   | Colossus              | 11:56 | Y           | 3       |
| 5        | 10      | Lehlogonolo Ntswane             | T5-080  | Male   | Diepsloot AC          | 11:58 | N           | 3       |
| 6        | 11      | Koketso Steven Nkosi            | 41456   | Male   | United stars AC       | 11:58 | Y           | 3       |
| 7        | 18      | Cameron Rebello                 | 40086   | Male   | Rand Road Warriors    | 12:51 | N           | 4       |
| 8        | 19      | Jaden Basson                    | 40045   | Male   | Hoerskool Noordheuwel | 12:57 | Y           | 3       |
| 9        | 21      | Ndzalama Mathebula              | 43271   | Male   | Langaville            | 13:05 | N           | 2       |
| 10       | 22      | Smangaliso Mbatha               | 41284   | Male   | Katlehong A.C         | 13:09 | Y           | 2       |
| 11       | 25      | Sbonelo Mveli                   | 42131   | Male   | Run Alex              | 13:29 | Y           | 4       |
| 12       | 32      | Siyabonga Shongwe               | 42163   | Male   | Run Alex              | 14:58 | N           | 5       |
| 13       | 33      | Khathu Tshivanammbi             | 43413   | Male   | Run Smart AC          | 15:08 | N           | 2       |
| 14       | 36      | Abongwe Mubata                  | 43412   | Male   | Run Smart AC          | 15:40 | N           | 2       |
| 15       | 37      | Kamogelo Mothibi                | 43246   | Male   | Kagiso Striders       | 15:42 | Y           | 3       |
| 16       | 38      | Katlego Mthombathi              | 43448   | Male   | FootPrint AC          | 16:04 | N           | 1       |
| 17       | 39      | Tshegofatso Tiisetso Molatlhegi | 40326   | Male   | Colossus              | 16:39 | N           | 1       |

### **OTHER**

| Category | Overall | Name            | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------|---------|--------|------------------|-------|-------------|---------|
| Under 13 | 14      | Reitumetse Noko | T5-155  | Male   | Warriors of West | 12:33 | N           | 1       |



## League 5 - 12 July - Westonaria Sports Complex

### **GIRL UNDER 11 - 3KM**

| Position | Overall | Name                   | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 1       | Olerato Nyathela       | 41335   | Female | Warriors of West      | 13:15 | Y           | 5       |
| 2        | 2       | Lesedi Dhladhla        | 42891   | Female | East AC               | 13:26 | N           | 3       |
| 3        | 3       | Mahlatse Maroga        | 42360   | Female | Nedbank               | 13:41 | Y           | 3       |
| 4        | 4       | Amy Whittington        | 41040   | Female | Benoni Northerns      | 13:44 | Y           | 4       |
| 5        | 5       | Refilwe Zavale         | 41352   | Female | Warriors of West      | 13:45 | Y           | 4       |
| 6        | 8       | Atlegang Gaereke       | 43033   | Female | KOPANO AC             | 14:14 | N           | 2       |
| 7        | 14      | Elke Venter            | 40211   | Female | Helpmekaar AC         | 14:29 | N           | 2       |
| 8        | 15      | Ayethaba Ayakha Majali | 41447   | Female | United stars AC       | 14:36 | Y           | 3       |
| 9        | 21      | Lesedi Molantsoa       | 42896   | Female | East AC               | 15:06 | Y           | 3       |
| 10       | 23      | Mika Vandenheever      | 41122   | Female | Lewensentrum          | 15:15 | N           | 3       |
| 11       | 25      | Tshegofatso Pokane     | 43406   | Female | Run Smart AC          | 15:32 | N           | 2       |
| 12       | 26      | Botshelo Dalasile      | 43247   | Female | Kagiso Striders       | 15:56 | Y           | 3       |
| 13       | 28      | Joanne Khama           | 41448   | Female | United stars AC       | 16:07 | Y           | 3       |
| 14       | 29      | Karla Steyn            | 40046   | Female | Hoerskool Noordheuwel | 16:31 | N           | 3       |
| 15       | 30      | Tshepang Segodi        | 41362   | Female | Rocky Road Runners    | 16:34 | N           | 2       |
| 16       | 31      | Mawethu Phejane        | 43090   | Female | Mohlakeng AC          | 16:36 | N           | 3       |
| 17       | 32      | Simoné Engelbrecht     | 41153   | Female | Peak Performance      | 16:36 | Y           | 3       |
| 18       | 36      | Hope Freeman           | 42499   | Female | Ekhaya                | 18:28 | N           | 3       |
| 19       | 37      | Thabisile Mashoai      | 40995   | Female | Gauteng striders      | 18:53 | N           | 1       |
| 20       | 38      | Philile Lesedi Dikana  | 40523   | Female | Waterfall City Ac     | 19:03 | Y           | 2       |
| 21       | 39      | Fanele Nzuza           | 42489   | Female | Ekhaya                | 19:04 | Y           | 3       |
| 22       | 41      | Onalenna Tumane        | 43252   | Female | Kagiso Striders       | 24:43 | N           | 1       |



## League 5 - 12 July - Westonaria Sports Complex

### **GIRLS UNDER 12 - 3KM**

| Position | Overall | Name                  | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 6       | Batlhale Mabela       | T5-020  | Female | Waterfall City Ac        | 13:53 | N           | 1       |
| 2        | 7       | Mila Rossouw          | 41048   | Female | Benoni Northerns         | 13:58 | Y           | 2       |
| 3        | 9       | Karabo Makube         | 41627   | Female | Orange farm AC           | 14:15 | Y           | 2       |
| 4        | 11      | Elihle Nyezi          | 41449   | Female | United stars AC          | 14:17 | Y           | 3       |
| 5        | 12      | Kayla Doman           | 42625   | Female | FFA                      | 14:18 | Y           | 4       |
| 6        | 13      | Itumeleng Mokgomogame | 41378   | Female | East AC                  | 14:23 | Y           | 3       |
| 7        | 17      | Aligra Nell           | 42535   | Female | Kempies                  | 14:44 | N           | 2       |
| 8        | 18      | Karla Joseph          | 41511   | Female | Krugersdorp Road Runners | 14:51 | N           | 1       |
| 9        | 19      | Basetsana More        | 42339   | Female | Nedbank                  | 14:58 | Y           | 3       |
| 10       | 20      | Mokgadi Monyela       | 42142   | Female | Run Alex                 | 15:01 | Y           | 3       |
| 11       | 24      | Manoko Mochebane      | 42820   | Female | Cool running             | 15:30 | N           | 2       |
| 12       | 27      | Liamé Oosthuizen      | 40040   | Female | Hoerskool Noordheuwel    | 16:00 | Y           | 3       |
| 13       | 33      | Chelzia Chivambo      | T5-034  | Female | Run Alex                 | 16:50 | N           | 1       |
| 14       | 34      | Owethu Zwane          | 43216   | Female | Lara AC                  | 18:02 | N           | 4       |
| 15       | 35      | Anele Nzuza           | 42491   | Female | Ekhaya                   | 18:20 | Y           | 3       |
| 16       | 40      | Nqobile Setlhogomi    | 40524   | Female | Waterfall City Ac        | 19:29 | N           | 3       |

### **OTHER**

| Category | Overall | Name                  | Licence | Gender | Club            | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------|-------|-------------|---------|
| Under 11 | 22      | Lubanzi Mangcipu      | 41451   | Male   | United stars AC | 15:11 | N           | 3       |
| Under 12 | 10      | Kutloano Masoeu       | 41561   | Male   | Run Zone        | 14:16 | N           | 4       |
| Under 12 | 16      | Thandolwenkosi Ndlovu | 42111   | Male   | Run Alex        | 14:41 | NA          | 5       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 8 - 1KM**

| Position | Overall | Name                        | Licence | Gender | Club                | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------------|---------|--------|---------------------|-------|-------------|---------|
| 1        | 1       | Katlego Dhlamini            | T5-070  | Male   | East AC             | 04:05 | N           | 2       |
| 2        | 3       | Kgothatso Phalane           | 42335   | Male   | Nedbank             | 04:35 | N           | 3       |
| 3        | 4       | Morero Tumelo Ramannya      | 42876   | Male   | Thembisa AC         | 04:37 | Y           | 3       |
| 4        | 6       | Tlhalefo Kujane             | 41336   | Male   | Warriors of West    | 04:45 | Y           | 4       |
| 5        | 8       | Jordan Whittington          | 41041   | Male   | Benoni Northerns    | 04:46 | Y           | 4       |
| 6        | 9       | Bokamoso Mokhuane           | 43093   | Male   | Warriors of West    | 04:51 | Y           | 4       |
| 7        | 13      | Enrique Duvénage            | 42784   | Male   | Springs Striders AC | 04:57 | Y           | 4       |
| 8        | 14      | Michael Leboela             | 43086   | Male   | Warriors of West    | 04:57 | Y           | 3       |
| 9        | 16      | Siyamthanda Ngcongco        | 43088   | Male   | Warriors of West    | 05:03 | Y           | 4       |
| 10       | 18      | Kganya Mphelane             | 42337   | Male   | Nedbank             | 05:05 | Y           | 3       |
| 11       | 22      | Siyabonga Sithole           | 41351   | Male   | Warriors of West    | 05:14 | Y           | 3       |
| 12       | 23      | Sebastian Britz             | 40393   | Male   | I have talent       | 05:18 | N           | 1       |
| 13       | 24      | Hanru Hamman                | 41520   | Male   | Benoni Northerns    | 05:23 | N           | 3       |
| 14       | 27      | Hlayiso Filbert Maswanganyi | T5-055  | Male   | Rand Water          | 05:30 | N           | 1       |
| 15       | 28      | Ndalo Nkosi                 | T5-119  | Male   | Waterfall City Ac   | 05:40 | N           | 2       |
| 16       | 33      | Ditebogo Maleka             | T5-045  | Male   | FootPrint AC        | 06:03 | N           | 1       |
| 17       | 37      | Bruno Lucky Muvale          | 41346   | Male   | Warriors of West    | 06:21 | Y           | 4       |

### **OTHER**

| Category | Overall | Name                    | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|------------------|-------|-------------|---------|
| Under 16 | 43      | Thabang Lekata          | 40990   | Male   | Gauteng striders | 07:55 | N           | 1       |
| Under 9  | 7       | Hlomla Mfundo Songololo | 42492   | Male   | Ekhaya           | 04:46 | N           | 2       |



## League 5 - 12 July - Westonaria Sports Complex

### GIRLS UNDER 8 - 1KM

| Position | Overall | Name                         | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 2       | Kealeboga Sefala             | 41446   | Female | United stars AC       | 04:11 | Y           | 3       |
| 2        | 5       | Omphile Kheswa               | 43001   | Female | Scaw                  | 04:43 | N           | 2       |
| 3        | 10      | Nyiko Ditshepiso Musa Maweng | 43204-B | Female | Boxer                 | 04:52 | Y           | 5       |
| 4        | 11      | Ntombizodwa Noah             | 43092   | Female | Warriors of West      | 04:54 | Y           | 3       |
| 5        | 12      | Ntsako Mndawe                | 43230   | Female | Warriors of West      | 04:56 | Y           | 4       |
| 6        | 15      | Akhona Xaba                  | 42503   | Female | Ekhaya                | 05:02 | Y           | 3       |
| 7        | 17      | Zahra-Lee Nelson             | 41095   | Female | Benoni Northerns      | 05:04 | Y           | 4       |
| 8        | 19      | Mishumo Nemathaga            | 41342   | Female | Warriors of West      | 05:06 | Y           | 5       |
| 9        | 20      | Amogelang Molefe             | 43085   | Female | Warriors of West      | 05:10 | Y           | 4       |
| 10       | 21      | Gontse Tumane                | 43253   | Female | Kagiso Striders       | 05:10 | N           | 3       |
| 11       | 25      | Ivanke Bezuidenhout          | 42293   | Female | Netbank               | 05:24 | N           | 3       |
| 12       | 26      | Ithalanda Majali             | 41452   | Female | United stars AC       | 05:27 | N           | 3       |
| 13       | 29      | Matshiliso Maqalika          | 43249-B | Female | Kagiso Striders       | 05:46 | N           | 2       |
| 14       | 30      | Nia Heyns                    | 40035   | Female | Hoerskool Noordheuwel | 05:52 | N           | 3       |
| 15       | 31      | Layla Maleka                 | 42720   | Female | FootPrint AC          | 05:55 | N           | 1       |
| 16       | 32      | Tshilidzi Maguga             | 40889   | Female | Warriors of West      | 05:59 | Y           | 3       |
| 17       | 34      | Onkarabile Lepheana          | 40342   | Female | Harambe AC            | 06:04 | N           | 3       |
| 18       | 35      | Rethabile Msimango           | 43213   | Female | Boxer                 | 06:08 | N           | 2       |
| 19       | 36      | Thapelo Lkena                | 41000   | Female | Gauteng striders      | 06:09 | N           | 2       |
| 20       | 38      | Mmatlou Thopola              | 42828   | Female | Cool running          | 06:23 | N           | 2       |
| 21       | 39      | Otshepeng Nyatlo             | 43080   | Female | Mogale Citizens AC    | 06:37 | N           | 4       |
| 22       | 41      | Ditshwanelo Sekonyela        | 40998   | Female | Gauteng striders      | 06:49 | N           | 1       |
| 23       | 42      | Bohlale Maja                 | 40997   | Female | Gauteng striders      | 07:50 | N           | 1       |

### OTHER

| Category | Overall | Name       | Licence | Gender | Club         | Time  | Birth Cert. | Leagues |
|----------|---------|------------|---------|--------|--------------|-------|-------------|---------|
| Under 11 | 40      | Athandiswe | 42285   | Female | Gallopers AC | 06:45 | N           | 3       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 10 - 2KM**

| Position | Overall | Name                     | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|------------------|-------|-------------|---------|
| 1        | 1       | Relopofaditswe Ntsane    | 40854   | Male   | Warriors of West | 07:31 | Y           | 5       |
| 2        | 2       | D'Niel Grobler           | 40215   | Male   | Helpmekaar AC    | 07:34 | Y           | 3       |
| 3        | 4       | Junior Mwa               | 43255   | Male   | Thembisa AC      | 07:56 | Y           | 2       |
| 4        | 5       | Malakai Smuts            | 42746   | Male   | Irun             | 08:01 | Y           | 3       |
| 5        | 6       | Jesse Koketso Monareng   | 43250   | Male   | Kagiso Striders  | 08:03 | Y           | 3       |
| 6        | 9       | Bohlale Konyana          | 43083   | Male   | Warriors of West | 08:06 | Y           | 4       |
| 7        | 10      | Likamva Mpongoma         | 42133   | Male   | Run Alex         | 08:07 | Y           | 5       |
| 8        | 13      | Tiaan Samuels            | 43278   | Male   | Brotherhood AC   | 08:09 | Y           | 4       |
| 9        | 18      | Kelebogile Samuel Mohale | 43059   | Male   | Boxer            | 08:14 | N           | 3       |
| 10       | 19      | Lebone Masuku            | 43207   | Male   | Boxer            | 08:21 | Y           | 5       |
| 11       | 30      | Jason Snow               | 42344   | Male   | Nedbank          | 09:44 | N           | 2       |
| 12       | 35      | Joshua Kapp              | T5-062  | Male   | Monnas           | 09:53 | N           | 1       |
| 13       | 49      | Banele Dlamini           | 43447   | Male   | FootPrint AC     | 13:34 | N           | 1       |
| 14       | 53      | Unako Magalela           | 142148  | Male   | Run Alex         | 14:36 | N           | 1       |

### **BOYS UNDER 9 - 2KM**

| Position | Overall | Name                      | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|---------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 3       | Nqobile Themba Tshabalala | T5-129  | Male   | KOPANO AC             | 07:36 | Y           | 1       |
| 2        | 8       | Simphiwe Magagula         | 40856   | Male   | Warriors of West      | 08:04 | Y           | 5       |
| 3        | 15      | Banele Ndlovu             | 41348   | Male   | Warriors of West      | 08:10 | Y           | 5       |
| 4        | 16      | Awenkosi Ncgezu           | 41293   | Male   | Katlehong A.C         | 08:12 | N           | 2       |
| 5        | 17      | Awonke Ncapai             | 41286   | Male   | Katlehong A.C         | 08:13 | N           | 3       |
| 6        | 22      | Henry Hamman              | 41519   | Male   | Benoni Northerns      | 08:32 | Y           | 3       |
| 7        | 23      | Lesedi Moremong           | 40855   | Male   | Warriors of West      | 08:39 | Y           | 4       |
| 8        | 27      | Warona Khumalo            | 43285   | Male   | Lodirile AC           | 09:18 | N           | 3       |
| 9        | 32      | Hanro Wohlfahrt           | 40042   | Male   | Hoerskool Noordheuwel | 09:51 | N           | 3       |
| 10       | 33      | Isenathi Cadala           | 41310   | Male   | Run Alex              | 09:52 | N           | 5       |
| 11       | 42      | Tanatswa Kamucha          | 40075   | Male   | Soweto Harts AC       | 10:20 | N           | 3       |
| 12       | 47      | Omphile Lepheana          | 40341   | Male   | Harambe AC            | 13:30 | N           | 3       |
| 13       | 50      | Bandile Mogami            | 41841   | Male   | Boxer                 | 13:36 | Y           | 5       |

### **OTHER**

| Category | Overall | Name            | Licence | Gender | Club    | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------|---------|--------|---------|-------|-------------|---------|
| Under 8  | 40      | Jonathan Nyathi | T5-061  | Male   | No Club | 10:02 | N           | 1       |



## League 5 - 12 July - Westonaria Sports Complex

### **GIRLS UNDER 9 - 2KM**

| Position | Overall | Name                 | Licence | Gender | Club                  | Time   | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|-----------------------|--------|-------------|---------|
| 1        | 12      | Owethu Maluleke      | 41343   | Female | Warriors of West      | 08:08  | Y           | 4       |
| 2        | 26      | Marli Reynolds       | 42598   | Female | Riebies AC            | 09:10  | Y           | 3       |
| 3        | 29      | Oriswikisa Nemathaga | 41341   | Female | Warriors of West      | 09:31  | Y           | 5       |
| 4        | 34      | Siyamthanda Vilakazi | 42334   | Female | Nedbank               | 09:52  | N           | 3       |
| 5        | 36      | Dineo Nzuza          | 42888   | Female | East AC               | 09:54  | Y           | 4       |
| 6        | 38      | Simone Gouws         | 40038   | Female | Hoerskool Noordheuwel | 109:00 | Y           | 3       |
| 7        | 45      | Mathapelo Banda      | 42336   | Female | Nedbank               | 11:20  | N           | 3       |
| 8        | 46      | Sphesihle Mathe      | 40553   | Female | Waterfall City Ac     | 12:03  | N           | 2       |
| 9        | 54      | Tshiamo Marumo       | T5-219  | Female | RAC                   | 16:12  | N           | 2       |
| 10       | 55      | Nokuthula Mkhaliphi  | 40987   | Female | Gauteng striders      | 20:13  | N           | 2       |

### **GIRLS UNDER 10 - 2KM**

| Position | Overall | Name                     | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 7       | Nyakallo Bridget Zimu    | T5-136  | Female | KOPANO AC                | 08:03 | N           | 1       |
| 2        | 11      | Freda Mokwena            | 43081   | Female | Mogale Citizens AC       | 08:07 | N           | 4       |
| 3        | 14      | Bonolo Khoza             | 43209   | Female | Boxer                    | 08:09 | Y           | 5       |
| 4        | 20      | Milané Gouws             | 40039   | Female | Hoerskool Noordheuwel    | 08:25 | Y           | 3       |
| 5        | 21      | Liso Gcanga              | 43095   | Female | Warriors of West         | 08:31 | Y           | 2       |
| 6        | 24      | Likhona Kubayi           | 42892   | Female | East AC                  | 08:44 | Y           | 3       |
| 7        | 25      | Lebo Mthetwa             | 41624   | Female | Orange farm AC           | 08:53 | N           | 5       |
| 8        | 28      | Minenhle Langa           | 43208   | Female | Boxer                    | 09:26 | N           | 5       |
| 9        | 31      | Lianka Joseph            | 41512   | Female | Krugersdorp Road Runners | 09:50 | N           | 1       |
| 10       | 37      | Khanyisile Masiteng      | 40838   | Female | Diepsloot AC             | 09:56 | Y           | 4       |
| 11       | 39      | Chiamaka Ngombane        | 40552   | Female | Waterfall City Ac        | 10:01 | N           | 2       |
| 12       | 41      | Phophi Tshiwanammbi      | 43407   | Female | Run Smart AC             | 19:05 | N           | 2       |
| 13       | 43      | Retumetsi Lkena          | 40999   | Female | Gauteng striders         | 10:37 | N           | 2       |
| 14       | 44      | Anashe Shone             | 42493   | Female | Ekhaya                   | 11:12 | N           | 4       |
| 15       | 48      | Bonolo Mogale            | T5-028  | Female | Warriors of West         | 13:32 | N           | 3       |
| 16       | 51      | Lethabo Marumo           | T5-085  | Female | RAC                      | 14:21 | N           | 3       |
| 17       | 52      | Naledi Katlego Sebiloane | 43274   | Female | Gallopers                | 14:32 | N           | 2       |

### **OTHER**

| Category | Overall | Name      | Licence | Gender | Club        | Time | Birth Cert. | Leagues |
|----------|---------|-----------|---------|--------|-------------|------|-------------|---------|
| Under 13 | 56      | Norah Mwa | 43264   | Female | Thembisa AC |      | Y           | 2       |



## League 5 - 12 July - Westonaria Sports Complex

### **SENIOR WOMEN - 2KM**

| Position | Overall | Name                         | Licence | Gender | Club                          | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|-------------------------------|-------|-------------|---------|
| 1        | 4       | Londeka Mavimbela            | 13611   | Female | UJ                            | 07:49 | Y           | 3       |
| 2        | 6       | Mosale Thobejane             | 15482   | Female | Lesedi AC                     | 08:02 | Y           | 4       |
| 3        | 8       | Phethego Phasha              | 13760   | Female | Scaw                          | 08:11 | N           | 1       |
| 4        | 11      | Thubelihle Chilenge          | 16183   | Female | Urithi                        | 08:39 | Y           | 4       |
| 5        | 17      | Nthabiseng Mokotjo           | 10190   | Female | Warriors of West              | 09:22 | Y           | 4       |
| 6        | 19      | Jennifer Sibiya              | 16531   | Female | Cool running                  | 09:30 | N           | 2       |
| 7        | 25      | Hope Dube                    | 13377   | Female | GAUTENG SOCIAL DEVELOPMENT AC | 09:37 | Y           | 3       |
| 8        | 26      | Mbali Malebo                 | 12277   | Female | Waterfall City Ac             | 09:41 | Y           | 2       |
| 9        | 27      | Palesa Lelimo                | 25944   | Female | Nedbank                       | 09:52 | Y           | 3       |
| 10       | 35      | Amukalani Sentebaleng Mabasa | T5-234  | Female | No Club                       | 10:27 | N           | 1       |
|          | 40      | Ofentse Mashego              | 15901   | Female | Masai                         | 11:05 | Y           | 1       |

### **YOUTH WOMEN - 2KM**

| Position | Overall | Name                | Licence | Gender | Club                 | Time  | Birth Cert. | Leagues |
|----------|---------|---------------------|---------|--------|----------------------|-------|-------------|---------|
| 1        | 1       | Nicola Smith        | 42478   | Female | Ekhaya               | 07:15 | Y           | 3       |
| 2        | 5       | Kelly-Lynn Barkley  | 42292   | Female | Nedbank              | 07:56 | Y           | 3       |
| 3        | 7       | Tiyani Fourie       | 42965   | Female | Upcoming Track Stars | 08:04 | Y           | 2       |
| 4        | 16      | Olivia Sithote      | T5-138  | Female | KOPANO AC            | 09:22 | N           | 2       |
| 5        | 20      | Koketjo Mokgwatjana | 41199   | Female | Far North            | 09:31 | N           | 2       |
| 6        | 22      | Mpho Motloung       | T5-114  | Female | Ubuhle               | 09:32 | N           | 4       |
| 7        | 29      | Keneilwe Mhlare     | 42364   | Female | Nedbank              | 09:57 | Y           | 3       |
| 8        | 30      | Karabo Ntsibande    | 2123    | Female | Boxer                | 10:02 | Y           | 3       |
| 9        | 31      | Yolanda Khoza       | T5-230  | Female | Waterfall City Ac    | 10:03 | N           | 1       |
| 10       | 32      | Lehakwe Makhudu     | 42362   | Female | Nedbank              | 10:11 | Y           | 3       |
| 11       | 38      | Owam Nzimande       | 40953   | Female | Masai                | 10:43 | Y           | 3       |
| 12       | 39      | Thato Rammalo       | 40954   | Female | Masai                | 10:46 | Y           | 3       |



## League 5 - 12 July - Westonaria Sports Complex

### **JUNIOR WOMEN - 2KM**

| Position | Overall | Name                    | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|------------------|-------|-------------|---------|
| 1        | 2       | Hanri Pretorius         | 41824   | Female | Boxer            | 07:31 | Y           | 3       |
| 2        | 3       | Courtney Sole           | 41839   | Female | Boxer            | 07:40 | Y           | 3       |
| 3        | 10      | Refiloe Motlohi         | 41945   | Female | UJ               | 08:23 | Y           | 3       |
| 4        | 14      | Lucie Ilanga            | 42872   | Female | Thembisa AC      | 09:03 | NA          | 1       |
| 5        | 15      | Rapelang Seikaneng      | 40867   | Female | Warriors of West | 09:13 | Y           | 5       |
| 6        | 18      | Khensani Mthombo        | 43280   | Female | Lodirile AC      | 09:23 | Y           | 4       |
| 7        | 23      | Simphiwe Radebe         | 41406   | Female | Tsakane AC       | 09:33 | Y           | 3       |
| 8        | 33      | Kusaselihle Mbatha      | T5-076  | Female | UJ               | 10:16 | N           | 2       |
| 9        | 34      | Refentse Magongoa       | 11259   | Female | Old eds          | 10:17 | Y           | 2       |
| 10       | 36      | Noluthando Zethu Jegede | 42852   | Female | Thembisa AC      | 10:32 | Y           | 3       |
| 11       | 42      | Keletso Tsotetsi        | 40955   | Female | Masai            | 11:42 | Y           | 3       |

### **OTHER**

| Category | Overall | Name             | Licence | Gender | Club              | Time  | Birth Cert. | Leagues |
|----------|---------|------------------|---------|--------|-------------------|-------|-------------|---------|
| 35-39    | 24      | Louisa Olivier   | 14334   | Female | Nedbank           | 09:34 | N           | 1       |
| 50-54    | 13      | Phyllis De Fouw  | 24469   | Female | Boxer             | 08:49 | N           | 3       |
| Under 13 | 9       | Omphile Moloi    | T5-142  | Female | KOPANO AC         | 08:15 | Y           | 2       |
| Under 14 | 28      | Bonolo Mangena   | 42371   | Female | Nedbank           | 09:55 | Y           | 3       |
| Under 15 | 21      | Ntokozo Buthele  | 42825   | Female | Cool running      | 09:32 | N           | 2       |
| Under 15 | 37      | Kgotso Kolobe    | 42363   | Female | Nedbank           | 10:40 | Y           | 2       |
| Under 15 | 41      | Kagiso Ndlela    | 40532   | Female | Waterfall City Ac | 11:15 | N           | 3       |
| Under 16 | 12      | Future Ndyalvane | 41466   | Male   | United stars AC   | 08:45 | N           | 2       |



## League 5 - 12 July - Westonaria Sports Complex

### **SENIOR MEN - 2KM**

| <b>Position</b> | <b>Overall</b> | <b>Name</b>          | <b>Licence</b> | <b>Gender</b> | <b>Club</b>       | <b>Time</b> | <b>Birth Cert.</b> | <b>Leagues</b> |
|-----------------|----------------|----------------------|----------------|---------------|-------------------|-------------|--------------------|----------------|
| 1               | 2              | Thabang Sebopa       | 8309           | Male          | Born2Run          | 06:07       | Y                  | 4              |
| 2               | 4              | Corné De Fouw        | 41822          | Male          | Boxer             | 06:10       | Y                  | 2              |
| 3               | 5              | Thabo Masina         | 12927          | Male          | Waterfall City Ac | 06:13       | Y                  | 2              |
| 4               | 6              | Griffiths Manyedi    | 16522          | Male          | Nedbank           | 06:15       | Y                  | 3              |
| 5               | 12             | Eden Hendricks       | 24470          | Male          | Boxer             | 06:35       | Y                  | 3              |
| 6               | 15             | Gabriel Makgane      | 8110           | Male          | Tuks A/C          | 06:39       | N                  | 1              |
| 7               | 21             | Ncebo Khoza          | T5-118         | Male          | Ubuhle            | 06:45       | Y                  | 3              |
| 8               | 24             | Nomkela Shosha       | T5-400         | Male          | Boxer             | 06:46       | N                  | 1              |
| 9               | 26             | Glen Dibakoane       | T5-052         | Male          | Katlehong A.C     | 06:46       | N                  | 2              |
| 10              | 27             | Siboniseni Khanye    | T5-172         | Male          | Mohlakeng AC      | 06:47       | N                  | 1              |
| 11              | 28             | Elvis M Ncube        | 12712          | Male          | Waterfall City Ac | 06:47       | N                  | 3              |
| 12              | 41             | Siphesihle Mbatha    | T5-182         | Male          | Ubuhle            | 07:01       | N                  | 4              |
| 13              | 47             | Lethu Linda Busakwe  | 43203          | Male          | Lesedi AC         | 07:15       | Y                  | 2              |
| 14              | 48             | Sanele Mbongo        | 2447           | Male          | Sasol AC          | 07:17       | N                  | 1              |
| 15              | 53             | Linda Prince Mbonani | 13743          | Male          | Waterfall City Ac | 07:24       | Y                  | 3              |
| 16              | 55             | Quinton Makgetlaneng | 26586          | Male          | East AC           | 07:36       | N                  | 1              |
| 17              | 58             | Kabelo Ndumane       | T5-401         | Male          | KOPANO AC         | 07:40       | N                  | 1              |
| 18              | 63             | Thabiso Mashigo      | 10035          | Male          | Colossus          | 07:47       | Y                  | 2              |
| 19              | 68             | Neo Ramalia          | T5-121         | Male          | East AC           | 08:02       | Y                  | 2              |
| 20              | 69             | Mluleki Mqoco        | 15884          | Male          | Tsakane AC        | 08:02       | Y                  | 3              |
| 21              | 71             | Mncedisi Molefe      | 16642          | Male          | Cool running      | 08:16       | N                  | 1              |



## League 5 - 12 July - Westonaria Sports Complex

### JUNIOR MEN - 2KM

| Position | Overall | Name                   | Licence | Gender | Club              | Time   | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|-------------------|--------|-------------|---------|
| 1        | 3       | Jack Molewa            | 41115   | Male   | Diepsloot AC      | 06:09  | N           | 3       |
| 2        | 8       | Mpumelelo Kozana       | 42321   | Male   | Nedbank           | 06:24  | Y           | 3       |
| 3        | 13      | Tako Longwe            | T5-241  | Male   | Cool running      | 06:36  | N           | 2       |
| 4        | 14      | Kgalalelo Mafojane     | 40327   | Male   | Colossus          | 06:37  | Y           | 1       |
| 5        | 18      | Esak Ngubane           | T4-005  | Male   | Boxer             | 06:43  | Y           | 2       |
| 6        | 19      | Israel Sylvia          | 42865   | Male   | Thembisa AC       | 06:44  | N           | 1       |
| 7        | 20      | Theron Nobela          | 40768   | Male   | Tsakane AC        | 06:45  | Y           | 2       |
| 8        | 25      | Tumelo Mabote          | 40315   | Male   | Colossus          | 06:46  | Y           | 2       |
| 9        | 29      | Thebe Mabote           | 40312   | Male   | Colossus          | 06:48  | Y           | 2       |
| 10       | 33      | Nhlanhla Tenyane       | 40754   | Male   | Ubuhle            | 06:52  | Y           | 1       |
| 11       | 38      | Moselane Tabudi        | 40753   | Male   | Ubuhle            | 06:58  | Y           | 2       |
| 12       | 39      | Kagiso Lekote          | 41445   | Male   | Mohlakeng AC      | 06:58  | N           | 3       |
| 13       | 40      | Dumisani Nkoloti       | 40621   | Male   | Waterfall City Ac | 06:59  | Y           | 3       |
| 14       | 42      | Omphemetse Motlhankane | 40313   | Male   | Colossus          | 07:092 | Y           | 2       |
| 15       | 44      | Vusimuzi Mthembu       | 40991   | Male   | Gauteng striders  | 07:07  | Y           | 2       |
| 16       | 51      | Samkelo Manana         | T5-240  | Male   | Cool running      | 07:22  | Y           | 1       |
| 17       | 52      | Jabulani Mmusi         | 41441   | Male   | Mohlakeng AC      | 07:23  | Y           | 2       |
| 18       | 57      | Tumelo Matlebe         | 42376   | Male   | Nedbank           | 07:39  | N           | 3       |
| 19       | 61      | Thandolwethu Ntini     | 40544   | Male   | Waterfall City Ac | 07:45  | Y           | 3       |
| 20       | 64      | Olebogeng Chaba        | 40879   | Male   | Warriors of West  | 07:53  | Y           | 2       |
| 21       | 66      | Bonga Zakhele Nkosi    | 41374   | Male   | Lesedi AC         | 07:56  | N           | 1       |
| 22       | 67      | Tshiamo Moloko Dikgale | T5-220  | Male   | Thembisa AC       | 07:56  | N           | 2       |
| 23       | 72      | Sizwe Zwane            | 42083   | Male   | Germiston Callies | 08:28  | N           | 1       |
| 24       | 76      | Christian Sono         | 40842   | Male   | Diepsloot AC      | 08:53  | N           | 3       |



## League 5 - 12 July - Westonaria Sports Complex

### **YOUTH MEN - 2KM**

| Position | Overall | Name                    | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 7       | Sinethemba Munyai       | 41503   | Male   | Born2Run              | 06:21 | Y           | 3       |
| 2        | 9       | Keegan Coetzee          | 40032   | Male   | Hoerskool Noordheuwel | 06:25 | Y           | 3       |
| 3        | 11      | Amogelang Mogoshane     | 42853   | Male   | Thembisa AC           | 06:27 | N           | 3       |
| 4        | 16      | Tumelo Konyana          | 40877   | Male   | Warriors of West      | 06:40 | Y           | 4       |
| 5        | 17      | Stephen Joubert         | 40019   | Male   | Hoerskool Noordheuwel | 06:41 | Y           | 3       |
| 6        | 22      | Simphiwe Buzwa          | 41798   | Male   | Lesedi AC             | 06:45 | Y           | 3       |
| 7        | 23      | Prince Nkosi            | 40555   | Male   | Waterfall City Ac     | 06:46 | N           | 3       |
| 8        | 30      | Johannes Louw           | 40133   | Male   | Helpmekaar AC         | 06:48 | Y           | 3       |
| 9        | 31      | Liam Benade Van Niekerk | 42392   | Male   | Hoerskool Randburg    | 06:51 | Y           | 2       |
| 10       | 32      | Lesedi Mphelane         | 42355   | Male   | Nedbank               | 06:51 | Y           | 2       |
| 11       | 34      | Neo Lephole             | 41952   | Male   | UJ                    | 06:54 | N           | 1       |
| 12       | 35      | Teboho Nqolo            | T5-193  | Male   | Colossus              | 06:55 | Y           | 3       |
| 13       | 43      | Lunathi Zisile          | 41593   | Male   | Blue sky ac           | 07:07 | N           | 5       |
| 14       | 45      | Alizwa Mbasa Tefezayo   | 11799   | Male   | Brakpan               | 07:07 | Y           | 2       |
| 15       | 46      | Siphamandla Nkosi       | 43223   | Male   | Manoni                | 07:12 | N           | 3       |
| 16       | 49      | Junior Mojalefa Sibiya  | 40765   | Male   | Simunye Global AC     | 07:21 | Y           | 2       |
| 17       | 50      | Boitumelo Matabane      | 40835   | Male   | Diepsloot AC          | 07:22 | N           | 3       |
| 18       | 56      | Sanele Madladla         | 40937   | Male   | Gauteng striders      | 07:38 | N           | 2       |
| 19       | 60      | Sdingo Gama             | 40535-B | Male   | Waterfall City Ac     | 07:45 | Y           | 2       |
| 20       | 62      | Armand Van Wyk          | T5-235  | Male   | Monnas                | 07:45 | N           | 2       |
| 21       | 65      | Frans Ramorwalo         | 40839   | Male   | Diepsloot AC          | 07:55 | N           | 2       |
| 22       | 70      | Lesedi Mthombeni        | 41206   | Male   | Mohlakeng AC          | 08:06 | Y           | 3       |
| 23       | 74      | Nkosibonile Njenje      | 40487   | Male   | Katlehong A.C         | 08:45 | N           | 2       |
| 24       | 75      | Bongile Khosa           | 41247   | Male   | Miway Warriors        | 08:51 | N           | 2       |
| 25       | 79      | Tshimollo Mampheko      | 41248   | Male   | Miway Warriors        | 10:48 | N           | 3       |

### **OTHER**

| Category | Overall | Name                       | Licence | Gender | Club              | Time  | Birth Cert. | Leagues |
|----------|---------|----------------------------|---------|--------|-------------------|-------|-------------|---------|
| Under 16 | 36      | Bandile Malinga            | 42359   | Female | Nedbank           | 06:56 | N           | 3       |
| 35-39    | 1       | Thabo Motaung              | 16950   | Male   | 32Gi              | 06:02 | Y           | 3       |
| 45-49    | 54      | Sifiso Ngcobo              | T5-175  | Male   | Ubuhle            | 07:26 | N           | 5       |
| Under 11 | 73      | Bilal Noah                 | T5-021  | Male   | Warriors of West  | 08:30 | Y           | 4       |
| Under 12 | 78      | Tshiamo Motubatse          | 43241   | Male   | Warriors of West  | 09:07 | Y           | 2       |
| Under 15 | 10      | Ethan Botha                | 40186   | Male   | Helpmekaar AC     | 06:25 | Y           | 4       |
| Under 15 | 37      | Lufuno Mokgothu            | 42987-A | Male   | Kagiso Striders   | 06:56 | Y           | 3       |
| Under 15 | 59      | Willem Jansen Van Rensburg | 42659   | Male   | Monnas            | 07:41 | Y           | 3       |
| Under 15 | 77      | Bokang Marokoane           | 40536   | Male   | Waterfall City Ac | 08:53 | Y           | 2       |



## League 5 - 12 July - Westonaria Sports Complex

### **GIRLS UNDER 14 - 4KM**

| <b>Position</b> | <b>Overall</b> | <b>Name</b>           | <b>Licence</b> | <b>Gender</b> | <b>Club</b>              | <b>Time</b> | <b>Birth Cert.</b> | <b>Leagues</b> |
|-----------------|----------------|-----------------------|----------------|---------------|--------------------------|-------------|--------------------|----------------|
| 1               | 4              | Boipelo Maroga        | 42368          | Female        | Nedbank                  | 16:12       | Y                  | 3              |
| 2               | 5              | Milan Botha           | 40185          | Female        | Helpmekaar AC            | 16:19       | Y                  | 3              |
| 3               | 8              | Kesha-Lee Nel         | 42542          | Female        | Kempies                  | 16:39       | N                  | 3              |
| 4               | 9              | Tenishke Greyvensteyn | 40147          | Female        | Helpmekaar AC            | 17:08       | Y                  | 3              |
| 5               | 10             | Kara Beytell          | 42528          | Female        | Nedbank                  | 17:16       | Y                  | 3              |
| 6               | 11             | Amorè Zeelie          | 40011          | Female        | Hoerskool Noordheuwel    | 17:22       | N                  | 3              |
| 7               | 13             | Thandeka Fale         | 40899          | Female        | Warriors of West         | 17:52       | Y                  | 4              |
| 8               | 14             | Ripfumelo Mushoma     | 40898          | Female        | Warriors of West         | 18:09       | Y                  | 3              |
| 9               | 15             | Ephrath Solomon Belay | T5-049         | Female        | Ekhaya                   | 18:09       | N                  | 2              |
| 10              | 16             | Rhudzani Moswede      | 43279          | Female        | Lodirile AC              | 18:13       | Y                  | 3              |
| 11              | 20             | Thandeka Dube         | T5-203         | Female        | Ubuhle                   | 19:39       | N                  | 3              |
| 12              | 22             | Anna Catharina Steyn  | T5-007         | Female        | No Club                  | 19:48       | N                  | 2              |
| 13              | 23             | Kyla Joseph           | 41510          | Female        | Krugersdorp Road Runners | 19:49       | N                  | 1              |
| 14              | 25             | Lezé Prinsloo         | 40169          | Female        | Helpmekaar AC            | 20:53       | Y                  | 2              |
| 15              | 26             | Nthabiseng Makhubela  | 42112          | Female        | Run Alex                 | 21:37       | Y                  | 5              |
| 16              | 28             | Pitsi Matseba         | 40530          | Female        | Waterfall City AC        | 22:10       | Y                  | 3              |
| 17              | 29             | Temogelo Mashuga      | T5-196         | Female        | KOPANO AC                | 23:26       | N                  | 2              |
| 18              | 30             | Nkateko Wekeyo        | T5-124         | Female        | Run Alex                 | 24:38       | N                  | 1              |
| 19              | 32             | Celina Mndawe         | 40902          | Female        | Warriors of West         | 26:40       | Y                  | 3              |



## League 5 - 12 July - Westonaria Sports Complex

### **GIRLS UNDER 15 - 4km**

| Position | Overall | Name                     | Licence | Gender | Club               | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|--------------------|-------|-------------|---------|
| 1        | 1       | Taya Pelsner             | 41821   | Female | Boxer              | 15:02 | Y           | 3       |
| 2        | 2       | Suné-Louise Prinsloo     | T5-190  | Female | Helpmekaar AC      | 15:04 | Y           | 3       |
| 3        | 3       | Micaela Roome            | 40189   | Female | Helpmekaar AC      | 15:43 | Y           | 4       |
| 4        | 6       | Tshoganyetso More        | 41361   | Female | Curro Hazeldean    | 16:32 | N           | 1       |
| 5        | 7       | Iza Radebe               | 40869   | Female | Warriors of West   | 16:34 | Y           | 5       |
| 6        | 12      | Kamogelo Daphney Ratsoma | 40531   | Female | Waterfall City Ac  | 17:38 | Y           | 3       |
| 7        | 17      | Taylor Maila             | 42664   | Female | Monnas             | 18:16 | N           | 4       |
| 8        | 18      | Anke Steenberg           | 42680   | Female | Hoerskool Monument | 19:20 | N           | 3       |
| 9        | 19      | Tswai Matlala            | 42822   | Female | Cool running       | 19:34 | Y           | 3       |
| 10       | 21      | Relebohile Fusi          | T5-156  | Female | KOPANO AC          | 19:47 | N           | 2       |
| 11       | 24      | Masindi Msibi            | 42130   | Female | Run Alex           | 20:29 | Y           | 4       |
| 12       | 27      | Busisiwe Mathibe         | 40866   | Female | Warriors of West   | 21:43 | Y           | 4       |

### **OTHER**

| Category | Overall | Name               | Licence | Gender | Club                       | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|----------------------------|-------|-------------|---------|
| Under 16 | 31      | Ruthedo Gawazah    | T5-160  | Female | Affies hoerskool sasolburg | 26:37 | N           | 1       |
| Under 23 | 33      | Amature Tshabalala | T5-402  | Female | Gallopers AC               |       | N           | 1       |



## League 5 - 12 July - Westonaria Sports Complex

### **GIRLS UNDER 16 - 4KM**

| Position | Overall | Name                 | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 54      | Mapaseka Mongatane   | 42370   | Female | Nedbank                  | 16:45 | Y           | 3       |
| 2        | 56      | Maria Makoti         | 41120   | Female | Diepsloot AC             | 16:48 | N           | 2       |
| 3        | 57      | Mbali Kamele         | 40195   | Female | Helpmekaar AC            | 16:51 | Y           | 3       |
| 4        | 60      | Halalelo Mkansi      | 42365   | Female | Nedbank                  | 17:15 | Y           | 3       |
| 5        | 63      | Miriam Moeketsi      | 42369-A | Female | Nedbank                  | 17:21 | Y           | 3       |
| 6        | 65      | Lida-Marí Badenhorst | 40182   | Female | Helpmekaar AC            | 17:24 | Y           | 4       |
| 7        | 72      | Nobongile Khosa      | 41235   | Female | Miway Warriors           | 17:56 | N           | 2       |
| 8        | 73      | Axelle Nunes Churin  | T5-014  | Female | Morningside Country Club | 18:11 | N           | 2       |
|          |         |                      |         |        | Road Runners             |       |             |         |
| 9        | 76      | Akhona Malebo        | 40545   | Female | Waterfall City Ac        | 19:06 | Y           | 3       |

### **GIRLS UNDER 17 - 4KM**

| Position | Overall | Name                | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|---------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 29      | Lerato Nlhapo       | 40738   | Female | KOPANO AC             | 15:45 | N           | 1       |
| 2        | 44      | Lisa Vismer-Bartman | 41826   | Female | Boxer                 | 16:19 | Y           | 3       |
| 3        | 55      | Lenthe Maré         | 40018   | Female | Hoerskool Noordheuwel | 16:46 | Y           | 4       |
| 4        | 62      | Reamogetse Ragedi   | 41847   | Female | Boxer                 | 17:19 | Y           | 2       |
| 5        | 66      | Jenna Westermeyer   | 41848   | Female | Boxer                 | 17:27 | Y           | 3       |
| 6        | 68      | Enreth Daniel       | 42474   | Female | Ekhaya                | 17:37 | Y           | 3       |
| 7        | 78      | Tinyiko Khumalo     | 40648   | Female | Scaw                  | 19:35 | Y           | 5       |

### **OTHER**

| Category | Overall | Name           | Licence | Gender | Club           | Time  | Birth Cert. | Leagues |
|----------|---------|----------------|---------|--------|----------------|-------|-------------|---------|
| Under 14 | 81      | Naledi Mthetwa | 41632   | Female | Orange farm AC | 20:18 | Y           | 5       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 14 - 4KM**

| Position | Overall | Name                    | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 1       | Atlehang Mokhobo        | T5-013  | Male   | Warriors of West         | 15:05 | Y           | 3       |
| 2        | 3       | Ruben Kleinsmith        | 40188   | Male   | Helpmekaar AC            | 14:12 | N           | 3       |
| 3        | 4       | Thabane Lebe            | 41305   | Male   | KOPANO AC                | 14:27 | Y           | 3       |
| 4        | 6       | Neo Nkeane              | 41477   | Male   | Simunye Global AC        | 14:31 | Y           | 2       |
| 5        | 7       | Mohau Tlou Ramannya     | 42878   | Male   | Thembisa AC              | 14:33 | Y           | 3       |
| 6        | 9       | Thulani Mxoxo           | T5-403  | Male   | KOPANO AC                | 14:52 | N           | 1       |
| 7        | 14      | Dimpho Kingsley Bowale  | 40831   | Male   | Diepsloot AC             | 14:59 | Y           | 4       |
| 8        | 17      | Sihle Nyezi             | 41462   | Male   | United stars AC          | 15:15 | Y           | 3       |
| 9        | 18      | Luan Louw               | 41505   | Male   | Krugersdorp Road Runners | 15:15 | Y           | 3       |
| 10       | 20      | Karabo Diale            | 40890   | Male   | Warriors of West         | 15:25 | Y           | 1       |
| 11       | 22      | Nkosana Mbatha          | 41631   | Male   | Orange farm AC           | 15:26 | N           | 5       |
| 12       | 27      | Siyanda Simelane        | 42389   | Male   | Nedbank                  | 15:40 | Y           | 2       |
| 13       | 28      | Johnson Rambuda         | 41119   | Male   | Diepsloot AC             | 15:43 | N           | 3       |
| 14       | 39      | Costodio Muvale         | T5-037  | Male   | Warriors of West         | 16:10 | N           | 1       |
| 15       | 41      | Shongwe Khabo           | 40901   | Male   | Warriors of West         | 16:13 | N           | 4       |
| 16       | 48      | Hudson Sambo            | 40535-A | Male   | Warriors of West         | 16:32 | N           | 1       |
| 17       | 53      | Xolani .P. Khumalo      | 42843   | Male   | Thembisa AC              | 16:43 | N           | 4       |
| 18       | 58      | William Opperman        | T4-343  | Male   | Ubuhle AC                | 17:07 | N           | 2       |
| 19       | 59      | Capleton Mudadi         | 40077   | Male   | Soweto Harts AC          | 17:11 | N           | 1       |
| 20       | 61      | Bokamoso Masoeu         | 41562   | Male   | Run Zone                 | 17:18 | N           | 3       |
| 21       | 64      | Aidan Coetzee           | 40033   | Male   | Hoerskool Noordheuwel    | 17:24 | N           | 2       |
| 22       | 67      | Nkosinathi Ndlovu       | 41291   | Male   | Katlehong A.C            | 17:31 | Y           | 2       |
| 23       | 69      | Karabo Tyelapantsi      | 41589   | Male   | Blue sky ac              | 17:48 | N           | 2       |
| 24       | 70      | Netshedzo Mashamba      | 43415   | Male   | Run Smart AC             | 17:51 | N           | 1       |
| 25       | 71      | King Boitshelo Masiteng | 41118   | Male   | Diepsloot AC             | 17:55 | Y           | 4       |
| 26       | 74      | Sibusiso Ndlovu         | T5-174  | Male   | Diepsloot AC             | 18:11 | NA          | 2       |
| 27       | 75      | Willem Badenhorst       | 43064   | Male   | Linden Runner            | 18:24 | N           | 2       |
| 28       | 84      | Lufuno NemaKonde        | 42724   | Male   | FootPrint AC             | 20:56 | N           | 1       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 15 - 4KM**

| Position | Overall | Name                 | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 2       | Teko April Tsotetsi  | 40737   | Male   | KOPANO AC                | 14:05 | Y           | 2       |
| 2        | 5       | Zian Grobler         | 40187   | Male   | Helpmekaar AC            | 14:28 | Y           | 3       |
| 3        | 8       | Victor Kekana        | 43078   | Male   | Mogale Citizens AC       | 14:49 | N           | 2       |
| 4        | 10      | Sihel Mbatha         | 42869   | Male   | Thembisa AC              | 14:53 | N           | 4       |
| 5        | 11      | Siphenathi Lusiti    | 40891   | Male   | Warriors of West         | 14:53 | Y           | 3       |
| 6        | 12      | Kgosietsile Gabaya   | 40085   | Male   | Kagiso Striders          | 14:57 | Y           | 4       |
| 7        | 13      | Kgadishi Mochebane   | 42824   | Male   | Cool running             | 14:59 | N           | 2       |
| 8        | 15      | Motlatsi Sesing      | 42320   | Male   | Nedbank                  | 15:08 | N           | 1       |
| 9        | 16      | Letlhohonolo Konyana | 43282   | Male   | Lodirile AC              | 15:09 | Y           | 4       |
| 10       | 19      | Lebohang Tsotetsi    | T5-078  | Male   | Thembisa AC              | 15:20 | N           | 3       |
| 11       | 21      | Khotso Jafta         | 41114   | Male   | Diepsloot AC             | 15:26 | N           | 4       |
| 12       | 23      | Arnold Mailula       | 42433   | Male   | Hoerskool Randburg       | 15:27 | Y           | 3       |
| 13       | 24      | Andile Mthembu       | 40886   | Male   | Warriors of West         | 15:27 | Y           | 4       |
| 14       | 26      | Omphile Mathobela    | 42898   | Male   | East AC                  | 15:38 | Y           | 3       |
| 15       | 30      | Matsobane Mthombene  | 43058   | Male   | Boxer                    | 15:48 | N           | 3       |
| 16       | 31      | Bokang Mafako        | 42407   | Male   | Hoerskool Randburg       | 15:48 | Y           | 3       |
| 17       | 32      | Thamsanqa Mkhathswa  | 40543   | Male   | Waterfall City Ac        | 15:50 | Y           | 3       |
| 18       | 33      | Iyazi Ndhlovu        | T5-059  | Male   | No Club                  | 15:50 | N           | 2       |
| 19       | 34      | Jay Mhlongo          | 42390   | Male   | Nedbank                  | 15:51 | N           | 2       |
| 20       | 35      | Kgaogelo Thipa       | 42821   | Male   | Cool running             | 16:00 | N           | 3       |
| 21       | 36      | Tshepo Madlala       | 41076   | Male   | Blue sky ac              | 16:02 | N           | 4       |
| 22       | 37      | Teboho Sefatsa       | T5-194  | Male   | Manoni                   | 16:04 | N           | 3       |
| 23       | 38      | Rethabile Mofutsana  | 42838   | Male   | Distance Run Club        | 16:09 | N           | 2       |
| 24       | 40      | Emmanuel Mogashoa    | T5-048  | Male   | Diepsloot AC             | 16:13 | N           | 1       |
| 25       | 42      | Jan Kruger           | 42384   | Male   | Nedbank                  | 16:14 | Y           | 2       |
| 26       | 43      | Benjamin Fogwell     | 41509   | Male   | Krugersdorp Road Runners | 16:16 | N           | 3       |
| 27       | 45      | Mila Rashuza         | 41577   | Male   | Blue sky ac              | 16:29 | N           | 4       |
| 28       | 46      | Chris Johnson        | 40887   | Male   | Warriors of West         | 16:30 | N           | 3       |
| 29       | 47      | Amohelang Mochatsi   | T5-003  | Male   | Benoni Northerns         | 16:31 | N           | 2       |
| 30       | 49      | Bokang Malapela      | 42386   | Male   | Gallopers AC             | 16:35 | N           | 1       |
| 31       | 50      | Sibongiseni Mashile  | T2-072  | Male   | Distance Run Club        | 16:36 | N           | 2       |
| 32       | 52      | Sibusiso Khasake     | T5-404  | Male   | East AC                  | 16:41 | N           | 1       |
| 33       | 79      | John Petrus Visser   | 40003   | Male   | Hoerskool Noordheuwel    | 19:54 | Y           | 3       |
| 34       | 80      | Tinyiko Nkhuna       | 41124   | Male   | Miway Warriors           | 19:57 | N           | 1       |
| 35       | 83      | Karabo Thentu        | 42340   | Male   | Nedbank                  | 20:22 | N           | 2       |

### **OTHER**

| Category | Overall | Name            | Licence | Gender | Club          | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------|---------|--------|---------------|-------|-------------|---------|
| Under 17 | 25      | Ubukhosi Manana | 40490   | Male   | Katlehong A.C | 15:30 | N           | 1       |
| Under 19 | 51      | Thabiso Ndlovu  | 41582   | Male   | Blue sky ac   | 16:40 | N           | 1       |
|          | 82      |                 | 41334   |        |               | 20:22 |             |         |

## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 13 - 4KM**

| Position | Overall | Name                   | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 1       | Kade Booysen           | 41874   | Male   | Boxer                 | 14:32 | Y           | 2       |
| 2        | 2       | Pieter Labuschagne     | 42184   | Male   | 32Gi                  | 14:38 | Y           | 2       |
| 3        | 3       | Matthew Pietroiusti    | 42757   | Male   | Irun                  | 14:52 | Y           | 3       |
| 4        | 4       | Tokelo Lenkokile       | T5-214  | Male   | KOPANO AC             | 15:02 | N           | 3       |
| 5        | 5       | Sinethemba Bila        | 40861   | Male   | Warriors of West      | 15:04 | Y           | 5       |
| 6        | 7       | Armand Botha           | 42952   | Male   | Upcoming Track Stars  | 15:05 | Y           | 3       |
| 7        | 8       | Tumelo Kgatse          | T5-223  | Male   | Warriors of West      | 15:32 | Y           | 3       |
| 8        | 10      | Olwethu Ramasodi       | 42366   | Male   | Nedbank               | 15:35 | Y           | 3       |
| 9        | 11      | Lance Gray             | 42047   | Male   | Fourways road runners | 15:37 | Y           | 3       |
| 10       | 12      | Joshua Broughton       | 41531   | Male   | Benoni Northerns      | 15:38 | Y           | 3       |
| 11       | 13      | Adrian Venter          | 42597   | Male   | Riebies AC            | 15:43 | Y           | 3       |
| 12       | 14      | Aaryan Naidoo          | 40370   | Male   | I have talent         | 15:50 | N           | 2       |
| 13       | 15      | Anton Cornelius Bazhko | 42434   | Male   | Hoerskool Randburg    | 16:01 | Y           | 4       |
| 14       | 16      | Katlego Nakana         | 43248-A | Male   | Kagiso Striders       | 16:03 | Y           | 2       |
| 15       | 17      | Tlotlisang Sello       | 41347   | Male   | Warriors of West      | 16:06 | Y           | 3       |
| 16       | 18      | Koena Thopola          | 42830   | Male   | Cool running          | 16:11 | N           | 2       |
| 17       | 19      | Gedeon Batala          | T5-050  | Male   | Thembisa AC           | 16:14 | N           | 1       |
| 18       | 20      | Vuyani Maphosa         | 42326   | Male   | Nedbank               | 16:20 | N           | 3       |
| 19       | 24      | Wandile Zandamela      | T2-068  | Male   | Distance Run Club     | 16:59 | N           | 3       |
| 20       | 25      | Sibahle Dlala          | 42164   | Male   | Run Alex              | 17:02 | N           | 1       |
| 21       | 27      | Olwam Luvuno           | 423329  | Male   | Nedbank               | 17:03 | N           | 3       |
| 22       | 28      | Kalab Adisse           | T5-065  | Male   | Warriors of West      | 17:04 | Y           | 2       |
| 23       | 32      | Sihle Vela Buthelezi   | 42494   | Male   | Ekhaya                | 17:38 | Y           | 4       |
| 24       | 36      | Siyabonga Radebe       | 41620   | Male   | Orange farm AC        | 18:02 | Y           | 2       |
| 25       | 38      | Daniel Joubert         | 42639   | Male   | Randburg Harriers     | 18:21 | N           | 2       |
| 26       | 42      | Cain Makama            | 43300   | Male   | Lodirile AC           | 18:26 | Y           | 1       |
| 27       | 46      | Moses Boikanyo         | T5-110  | Male   | Lodirile AC           | 18:37 | N           | 2       |
| 28       | 49      | Teboho Motloung        | T5-192  | Male   | KOPANO AC             | 18:48 | N           | 1       |
| 29       | 53      | Lethabo Mnisi          | 40074   | Male   | Soweto Harts AC       | 19:28 | Y           | 3       |
| 30       | 55      | Calvin Kotze           | 42435   | Male   | Nedbank               | 19:35 | Y           | 3       |
| 31       | 57      | Ethan Joshua Smith     | 41563   | Male   | Run Zone              | 20:04 | Y           | 3       |
| 32       | 58      | Oratilwe Matshaba      | 42294   | Male   | Nedbank               | 20:08 | Y           | 3       |
| 33       | 62      | Thabang Mofokeng       | T5-198  | Male   | Rand Water            | 20:34 | N           | 1       |
| 34       | 70      | Joshua Williams        | 43410   | Male   | Run Smart AC          | 21:23 | N           | 2       |
| 35       | 87      | Thembinkosi Nkomo      | 42138   | Male   | Run Alex              | 23:59 | N           | 5       |
| 36       | 105     | Atlehang Matlabe       | 41264-A | Male   | FootPrint AC          |       | N           | 1       |

### **OTHER**

| Category | Overall | Name                  | Licence | Gender | Club        | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-------------|-------|-------------|---------|
| Under 14 | 6       | Gofamodimo Lekaba     | 40321   | Male   | Colossus    | 15:05 | N           | 2       |
| Under 15 | 107     | Uyolo Magalela        | 142149  | Male   | Run Alex    |       | N           | 1       |
| Under 12 | 52      | Nqobile Mgcwaba       | 42752   | Female | Blue sky ac | 19:12 | N           | 4       |
| Under 11 | 22      | Khanyisani Khumalo    | 42332   | Male   | Nedbank     | 16:51 | N           | 3       |
| Under 11 | 29      | Baxolele Ncwane       | 42333   | Male   | Nedbank     | 17:15 | Y           | 3       |
| Under 11 | 60      | Bokang Matsetela      | 42159   | Male   | Run Alex    | 20:12 | N           | 5       |
| Under 12 | 31      | Sbusiso Moyo          | 42331   | Male   | Nedbank     | 17:21 | N           | 3       |
| Under 12 | 65      | Otshepegile Ramohlale | 41331   | Male   | Qhubeka     | 21:00 | N           | 4       |



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### **SUB VETERAN WOMEN (35-39)- 4KM**

| Position | Overall | Name                    | Licence | Gender | Club              | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-------------------|-------|-------------|---------|
| 1        | 9       | Cornelia Joubert        | 1396    | Female | Boxer             | 15:35 | Y           | 3       |
| 2        | 30      | Charine Kruger          | 4125    | Female | Nedbank           | 17:16 | Y           | 3       |
| 3        | 54      | Pulane Mokhele          | T5-153  | Female | Harambe AC        | 19:30 | N           | 2       |
| 4        | 56      | Thando Sithole          | 9307    | Female | Katlehong A.C     | 20:00 | N           | 2       |
| 5        | 76      | Mpho Mphelane           | 25945   | Female | Nedbank           | 21:47 | Y           | 3       |
| 6        | 86      | Keamogetse Mamorare     | T5-072  | Female | Randburg Harriers | 23:07 | N           | 1       |
| 7        | 90      | Margaret Isabel Hogarth | 24823   | Female | Miway Warriors    | 24:35 | Y           | 3       |
| 8        | 99      | Gugu Langa              | 27497   | Female | Hollywood AC      | 27:12 | N           | 4       |
| 9        | 110     | Sibongile Dladla        | 7673    | Female | Tsakane AC        |       | Y           | 2       |

### **VETERAN WOMEN (40-49) - 4KM**

#### **Veteran Women 40- 44**

| Position | Overall | Name                   | Licence | Gender | Club               | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|--------------------|-------|-------------|---------|
| 1        | 26      | Jolandi Steenkamp      | 18224   | Female | Team Vitality      | 17:02 | Y           | 4       |
| 2        | 40      | Charlotte Venter       | 8370    | Female | Boksburg AC        | 18:24 | Y           | 3       |
| 3        | 45      | Phuti Mojela           | 16948   | Female | Distance Run Club  | 18:34 | N           | 3       |
| 4        | 63      | Disebo Makau           | 10088   | Female | Mohlakeng AC       | 20:47 | Y           | 4       |
| 5        | 68      | Elaine Beytell         | 20540   | Female | Nedbank            | 21:21 | Y           | 3       |
| 6        | 71      | Kealeboga Montshonyane | 1291    | Female | Awesome runners AC | 21:24 | Y           | 3       |
| 7        | 78      | Melinda Nkolombo       | 17119   | Female | Standard Bank AC   | 22:00 | N           | 1       |
| 8        | 79      | Busisiwe Fasi          | 14005   | Female | Far North          | 22:04 | Y           | 5       |
| 9        | 88      | Noloyiso Ntloko        | 10089   | Female | Mohlakeng AC       | 24:26 | Y           | 3       |
| 10       | 101     | Tsholofelo Mokoma      | T5-243  | Female | Team Vitality      | 27:44 | N           | 1       |
| 11       | 108     | Asanda Magalela        | 19071   | Female | SAPG               |       | N           | 1       |

#### **Veteran Women 45-49**

| Position | Overall | Name               | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 33      | Maria Vilakazi     | 12839   | Female | Waterfall City Ac     | 17:52 | Y           | 4       |
| 2        | 37      | Maphuti Phaka      | 7854    | Female | Born2Run              | 18:12 | Y           | 5       |
| 3        | 47      | Debbie O'Leary     | 463     | Female | RAC                   | 18:39 | Y           | 2       |
| 4        | 48      | Monique Basson     | 24855   | Female | Hoerskool Noordheuwel | 18:47 | Y           | 4       |
| 5        | 50      | Motheo Kgaphola    | 5227    | Female | SAPG                  | 18:49 | Y           | 4       |
| 6        | 51      | Patricia De Meyer  | 1652    | Female | Benoni High AC        | 19:03 | Y           | 3       |
| 7        | 61      | Nthabiseng Ledwaba | 14163   | Female | SAPG                  | 20:15 | N           | 4       |
| 8        | 64      | Sibongile Nkosi    | 2112    | Female | East AC               | 20:52 | Y           | 4       |
| 9        | 67      | Tracy Faith Bosman | 97      | Female | Benoni High           | 21:21 | Y           | 2       |
| 10       | 75      | Leigh Privett      | 26843   | Female | Randburg Harriers     | 21:44 | Y           | 2       |
| 11       | 83      | Nonkululo Mcuntula | 8402    | Female | Sibanye Stillwater AC | 22:20 | N           | 2       |



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**MASTER WOMEN (50-59) - 4KM**

**Master Women 50-54**

| Position | Overall | Name               | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 23      | Elizabeth Potter   | 10712   | Female | Boxer                    | 16:57 | Y           | 4       |
| 2        | 34      | Lesley Austin      | 2116    | Female | Krugersdorp Road Runners | 17:53 | Y           | 3       |
| 3        | 41      | Judy Vanderwagen   | 18435   | Female | Ekhaya                   | 18:24 | Y           | 3       |
| 4        | 43      | Christine Jay      | 340     | Female | RAC                      | 18:26 | Y           | 4       |
| 5        | 44      | Ronel Van Graan    | 9331    | Female | Krugersdorp Road Runners | 18:29 | N           | 2       |
| 6        | 69      | Paulina French     | 18558   | Female | Ekhaya                   | 21:22 | Y           | 2       |
| 7        | 82      | Betty Phunwayo     | 4297    | Female | Randburg Harriers        | 22:18 | Y           | 4       |
| 8        | 85      | Carolyn Freeman    | 12174   | Female | Ekhaya                   | 22:55 | N           | 3       |
| 9        | 92      | Dikeledi Robathata | T5-043  | Female | FootPrint AC             | 25:18 | N           | 1       |
| 10       | 106     | Ntshiyeng Dlamini  | 9846    | Female | Linden Runner            |       | Y           | 4       |

**Master Women 55-59**

| Position | Overall | Name               | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 35      | Irene Jacobs       | 24531   | Female | Miway Warriors        | 17:57 | Y           | 3       |
| 2        | 39      | Kim Meyer          | 142     | Female | Ekhaya                | 18:21 | Y           | 3       |
| 3        | 66      | Winnie De Winnaar  | 2926    | Female | Nedbank               | 21:14 | Y           | 4       |
| 4        | 73      | Comfort Selebi     | 2638    | Female | Runners Of Hope       | 21:30 | N           | 2       |
| 5        | 77      | Welhemina Modisane | 14573   | Female | Sibanye Stillwater AC | 21:42 | N           | 1       |
| 6        | 81      | Doris Mlangeni     | 22051   | Female | Blue sky ac           | 22:11 | Y           | 5       |
| 7        | 98      | Stella Madlala     | 3479    | Female | Blue sky ac           | 26:52 | Y           | 2       |
| 8        | 104     | Annah Montshiwagae | 12273   | Female | Randburg Harriers     | 28:06 | Y           | 4       |



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**GRANDMASTER WOMEN (60+ ) - 4KM**

**Grandmaster Women 60-64**

| Position | Overall | Name               | Licence | Gender | Club                     | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|--------------------------|-------|-------------|---------|
| 1        | 59      | Jacqueline Frey    | 6610    | Female | Nedbank                  | 20:10 | Y           | 3       |
| 2        | 72      | Sarah Crooks       | 8707    | Female | Ekhaya                   | 21:29 | Y           | 2       |
| 3        | 74      | Lydia Van Der Gryp | 2737    | Female | Krugersdorp Road Runners | 21:42 | Y           | 4       |
| 4        | 80      | Katja Bruwer       | 10559   | Female | Krugersdorp Road Runners | 22:07 | Y           | 3       |
| 5        | 89      | Laura Venter       | 4244    | Female | Nedbank                  | 24:28 | Y           | 4       |
| 6        | 93      | Nomaswazi Khumalo  | 11472   | Female | Mogale Citizens AC       | 25:24 | Y           | 3       |
| 7        | 95      | Linah Thoko Nkosi  | 22842   | Female | Hollywood AC             | 26:20 | Y           | 4       |
| 8        | 96      | Elsie Zondo        | 6772    | Female | Randburg Harriers        | 26:41 | Y           | 4       |

**Grandmaster Women 65-69**

| Position | Overall | Name                 | Licence | Gender | Club         | Time  | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------|-------|-------------|---------|
| 1        | 84      | Sewele Maponya       | 7122    | Female | Hollywood AC | 22:21 | Y           | 3       |
| 2        | 94      | Stephne Sherwell     | 18671   | Female | Ekhaya       | 25:42 | Y           | 3       |
| 3        | 97      | Hilda Mac Donald     | 6452    | Female | Carlton AC   | 26:43 | Y           | 3       |
| 4        | 100     | Selinah Netshisaului | 115     | Female | RAC          | 27:37 | Y           | 2       |
| 5        | 102     | Linda Vilakazi       | 3544    | Female | Carlton AC   | 27:55 | Y           | 4       |

**Grandmaster Women 70-74**

| Position | Overall | Name               | Licence | Gender | Club               | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|--------------------|-------|-------------|---------|
| 1        | 91      | Ithuteng Boshoe    | 5576    | Female | Sunnyhill striders | 24:52 | Y           | 5       |
| 2        | 103     | Catherine Monja    | 4522    | Female | RAC                | 28:05 | Y           | 3       |
| 3        | 109     | Anna Mosole        | 9196    | Female | Carlton AC         |       | Y           | 2       |
| 4        | 111     | Ntombi Nomsa Moima | 19674   | Female | Orlando Athletic   |       | Y           | 2       |

**OTHER**

| Category | Overall | Name            | Licence | Gender | Club        | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------|---------|--------|-------------|-------|-------------|---------|
| Under 12 | 52      | Nqobile Mgcwaba | 42752   | Female | Blue sky ac | 19:12 | N           | 4       |



## League 5 - 12 July - Westonaria Sports Complex

### **BOYS UNDER 16 & 17 - 6KM**

#### **Boys Under 16**

| Position | Overall | Name                    | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 1       | Junior Azania Noah      | 40884   | Male   | Warriors of West      | 19:09 | Y           | 5       |
| 2        | 2       | Tyran Brooks            | 41838   | Male   | Boxer                 | 19:23 | Y           | 2       |
| 3        | 3       | Tsepang Ntlatla         | 40830   | Male   | Diepsloot AC          | 19:29 | Y           | 4       |
| 4        | 5       | Sipho Elias Mollo       | T5-183  | Male   | KOPANO AC             | 19:55 | Y           | 2       |
| 5        | 7       | Nkosinathi Dlamini      | 40525   | Male   | Waterfall City Ac     | 20:40 | Y           | 3       |
| 6        | 9       | Siyanda Malone          | 42850   | Male   | Thembisa AC           | 20:48 | Y           | 2       |
| 7        | 17      | Busa Hlatshwayo         | 41971   | Male   | UJ                    | 21:43 | N           | 5       |
| 8        | 21      | Steven Ncube            | 43281   | Male   | Lodirile AC           | 22:02 | Y           | 3       |
| 9        | 22      | Luen De Kock            | 41899   | Male   | Johannesburg Harriers | 22:06 | Y           | 3       |
| 10       | 24      | Ruben Delport           | 41745   | Male   | Jansen AC             | 22:11 | Y           | 3       |
| 11       | 26      | Khomotso Legong         | 41460   | Male   | United stars AC       | 22:39 | Y           | 3       |
| 12       | 28      | Nkosinathi Noko         | 40892   | Male   | Warriors of West      | 23:06 | N           | 2       |
| 13       | 29      | Thabang Junior Mojapelo | 40546   | Male   | Waterfall City Ac     | 23:17 | Y           | 4       |
| 14       | 30      | Oratile Motaung         | 43071   | Male   | Run Alex              | 23:20 | N           | 2       |
| 15       | 31      | Sanele Ntsele           | 41881   | Male   | Boxer                 | 23:27 | Y           | 3       |
| 16       | 33      | Thuthukani Phahla       | 42868   | Male   | Thembisa AC           | 23:30 | N           | 2       |
| 17       | 34      | Siphesihle Sekhakhane   | 40541-B | Male   | Waterfall City Ac     | 23:44 | N           | 3       |
| 18       | 35      | Bulelani Makhakha       | T5-031  | Male   | KOPANO AC             | 23:46 | N           | 2       |
| 19       | 37      | Mpumelelo Tshabalala    | T5-116  | Male   | Ubuhle                | 24:04 | N           | 4       |
| 20       | 60      | Chris Carlos            | 43229   | Male   | Warriors of West      | 28:44 | N           | 3       |
| 21       | 63      | Letago Ramohlale        | 41330   | Male   | Qhubeka               | 29:19 | N           | 3       |



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### **Boys Under 17**

| Position | Overall | Name                   | Licence | Gender | Club               | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------|---------|--------|--------------------|-------|-------------|---------|
| 1        | 4       | Keamogetswe Letsoalo   | 41907   | Male   | Ivory Park         | 19:47 | N           | 3       |
| 2        | 6       | Kwazi Ngozo            | 4377    | Male   | Sasol AC           | 20:29 | N           | 1       |
| 3        | 8       | Zamani Ndlovu          | 42356   | Male   | Nedbank            | 20:48 | Y           | 2       |
| 4        | 10      | Siyabonga Mjali        | 42880   | Male   | Thembisa AC        | 20:55 | Y           | 3       |
| 5        | 11      | Mthandeki Nhlapo       | T5-117  | Male   | KOPANO AC          | 20:59 | Y           | 2       |
| 6        | 12      | Nkosana Makhonke       | 42385   | Male   | Nedbank            | 21:04 | N           | 3       |
| 7        | 13      | Thato Kamogelo Masango | 41880   | Male   | Boxer              | 21:06 | Y           | 4       |
| 8        | 14      | Thabo Jnr Moses Somane | 41715   | Male   | Kagiso Striders    | 21:08 | Y           | 4       |
| 9        | 15      | Bokang More            | T5-027  | Male   | Thembisa AC        | 21:09 | N           | 3       |
| 10       | 16      | Asakhe Ndlela          | 4401AVT | Male   | Sasol AC           | 21:19 | N           | 1       |
| 11       | 18      | Liam Visser            | 42421   | Male   | Hoerskool Randburg | 21:50 | Y           | 2       |
| 12       | 19      | Tshepo Mohorosi        | 40881   | Male   | Warriors of West   | 21:56 | N           | 3       |
| 13       | 20      | Tumelo Ntshingila      | 43068   | Male   | Lara AC            | 22:01 | Y           | 2       |
| 14       | 23      | Lesego Jafeta          | 40876   | Male   | Warriors of West   | 22:10 | N           | 4       |
| 15       | 25      | Nqubeko Zwane          | T5-131  | Male   | Sasol AC           | 22:38 | N           | 1       |
| 16       | 38      | Mpho Pile              | 41244   | Male   | Miway Warriors     | 24:08 | Y           | 3       |
| 17       | 42      | Patient Nyathi         | 41831   | Male   | Boxer              | 24:48 | N           | 4       |



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**JUNIOR WOMEN / GIRLS UNDER 19 - 6KM**

| Position | Overall | Name                    | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|------------------|-------|-------------|---------|
| 1        | 36      | Tshenolo Sebueng        | 41957   | Female | Boxer            | 24:01 | Y           | 3       |
| 2        | 40      | Dieketseng Motsoeneng   | 41878   | Female | Boxer            | 24:13 | Y           | 2       |
| 3        | 45      | Jackie Coertze          | 40547   | Female | UJ               | 25:18 | Y           | 3       |
| 4        | 49      | Azelia Zitha            | 43894   | Female | East AC          | 25:48 | Y           | 3       |
| 5        | 51      | Saskia Heydenrych       | 40203   | Female | Helpmekaar AC    | 27:02 | Y           | 3       |
| 6        | 56      | Gugulethu Mofokeng      | 41157   | Female | Tsakane AC       | 28:00 | Y           | 4       |
| 7        | 62      | Ritah Khathazile Mabuza | 41338   | Female | Warriors of West | 28:46 | Y           | 3       |



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**GRANDMASTER MEN (60+ ) - 6KM**

**Grandmaster Men 60-64**

| Position | Overall | Name               | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 27      | Nimrod Mokoena     | 25656   | Male   | Hollywood AC          | 22:45 | Y           | 3       |
| 2        | 39      | Thabo Tsie         | 15988   | Male   | Standard Bank AC      | 24:09 | Y           | 2       |
| 3        | 41      | Mohajane Mokonoto  | 4736    | Male   | Nedbank               | 24:35 | Y           | 3       |
| 4        | 43      | Donald Sampson     | 25939   | Male   | Nedbank               | 24:49 | Y           | 3       |
| 5        | 44      | Joseph Mabodla     | 13143   | Male   | Hollywood AC          | 25:03 | Y           | 3       |
| 6        | 47      | Kabelo Tshabalala  | 17195   | Male   | Standard Bank AC      | 25:31 | Y           | 3       |
| 7        | 48      | Ngoako Ramakgapola | 125     | Male   | ISMO                  | 25:36 | Y           | 4       |
| 8        | 52      | Bernard Mosala     | 4980    | Male   | Carlton AC            | 27:04 | N           | 2       |
| 9        | 61      | Arnold Geerds      | 9900    | Male   | Fourways road runners | 28:45 | Y           | 2       |
| 10       | 67      | Malose Lebelo      | 199     | Male   | RAC                   | 31:08 | Y           | 5       |
| 11       | 72      | Clive Griffiths    | 15860   | Male   | Randburg Harriers     | 33:53 | Y           | 5       |

**Grandmaster Men 65-69**

| Position | Overall | Name                    | Licence | Gender | Club              | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-------------------|-------|-------------|---------|
| 1        | 53      | Arrigo Ferri            | 740     | Male   | UJ                | 27:29 | Y           | 4       |
| 2        | 54      | Dabbings Luhanqa        | 17841   | Male   | Randburg Harriers | 27:33 | Y           | 5       |
| 3        | 59      | Sonny Leopeng           | 9433    | Male   | Lesedi AC         | 28:40 | Y           | 4       |
| 4        | 65      | Isaac Kgapola           | 17578   | Male   | Langaville        | 29:39 | N           | 2       |
| 5        | 69      | Dirk Venter             | 4510    | Male   | Nedbank           | 32:09 | Y           | 4       |
| 6        | 70      | Glen Van Der Westhuizen | 13      | Male   | Benoni High AC    | 32:44 | Y           | 4       |
| 7        | 73      | Johnny Fernandes        | 23723   | Male   | Brooks            | 35:47 | Y           | 3       |

**Great Grandmaster Men 70-74**

| Position | Overall | Name                    | Licence | Gender | Club              | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------------|---------|--------|-------------------|-------|-------------|---------|
| 1        | 50      | Nthusang Moses Motshabi | 104     | Male   | RAC               | 26:11 | Y           | 5       |
| 2        | 55      | Andre Patrick Jansen    | 16978   | Male   | ALBERTON ATHLETIC | 27:58 | Y           | 2       |
| 3        | 57      | Alan Smith              | 3296    | Male   | Mercury AC        | 28:12 | Y           | 3       |
| 4        | 58      | Cyril Vergie            | 8962    | Male   | Mercury AC        | 28:14 | Y           | 3       |
| 5        | 64      | Almon Mpatiseli Zibuse  | 9933    | Male   | Colossus          | 29:36 | N           | 3       |
| 6        | 66      | Bonolo Mofokoeng        | 1644    | Male   | RAC               | 30:47 | N           | 2       |
| 7        | 71      | Wilson Netshisaulu      | 5367    | Male   | RAC               | 33:12 | Y           | 5       |
| 8        | 76      | Derek Brentano          | 3308    | Male   | Randburg Harriers | 40:36 | Y           | 5       |

**Great Grandmaster Men 75-79**

| Position | Overall | Name              | Licence | Gender | Club          | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|---------------|-------|-------------|---------|
| 1        | 68      | Phillemon Zulu    | 2670    | Male   | RAC           | 31:50 | Y           | 4       |
| 2        | 74      | Brian Chamberlain | 7050    | Male   | Varsity Kudus | 36:09 | Y           | 5       |

**Great Grandmaster Men 80+**

| Position | Overall | Name         | Licence | Gender | Club          | Time  | Birth Cert. | Leagues |
|----------|---------|--------------|---------|--------|---------------|-------|-------------|---------|
| 1        | 75      | Neil Coville | 2597    | Male   | Varsity Kudus | 36:30 | Y           | 4       |

**OTHER**

| Category | Overall | Name          | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|---------------|---------|--------|------------------|-------|-------------|---------|
| Under 13 | 32      | Mihle Mdliva  | T5-104  | Male   | Warriors of West | 23:27 | Y           | 2       |
| Under 19 | 46      | Alex Maluleke | 40895   | Male   | Warriors of West | 25:20 | N           | 4       |

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**VETERAN MEN (40-49) - 8KM**

**Veteran Men 40-44**

| Position | Overall | Name              | Licence | Gender | Club               | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|--------------------|-------|-------------|---------|
| 1        | 3       | Pule Tjaone       | 25034   | Male   | Waterfall City Ac  | 27:21 | N           | 2       |
| 2        | 5       | Sipho Kapara      | 5981    | Male   | Born2Run           | 27:22 | Y           | 3       |
| 3        | 7       | Sibonelo Gumede   | 6930    | Male   | Mogale Citizens AC | 28:10 | Y           | 3       |
| 4        | 18      | Croyden Williams  | 2867    | Male   | Mercury AC         | 30:13 | Y           | 3       |
| 5        | 19      | Peter Mogole      | 14062   | Male   | Kagiso AC          | 31:26 | Y           | 3       |
| 6        | 24      | Matthew Mokoto    | 26842   | Male   | Harambe AC         | 31:57 | N           | 3       |
| 7        | 25      | Nthekang Mokone   | 10695   | Male   | Kagiso Striders    | 31:58 | Y           | 3       |
| 8        | 27      | Nelson Kganyango  | 2552    | Male   | Ikhayaletu AC      | 32:18 | N           | 4       |
| 9        | 33      | Stephan Steenkamp | 18222   | Male   | Team Vitality      | 32:54 | N           | 3       |
| 10       | 38      | Aidan Coville     | T5-002  | Male   | Varsity Kudus      | 34:26 | N           | 3       |
| 11       | 49      | Dashiell Coville  | T5-040  | Male   | Varsity Kudus      | 37:49 | N           | 3       |
| 12       | 51      | Boipuso Ntamehlo  | 611     | Male   | Lara AC            | 38:15 | N           | 1       |
| 13       | 52      | Jan Mokwena       | 3414    | Male   | Hollywood AC       | 38:36 | Y           | 3       |
| 14       | 54      | Mhlengi Zungu     | 18727   | Male   | SAPS               | 39:15 | N           | 2       |

**Veteran Men 45-49**

| Position | Overall | Name                       | Licence | Gender | Club                  | Time   | Birth Cert. | Leagues |
|----------|---------|----------------------------|---------|--------|-----------------------|--------|-------------|---------|
| 1        | 2       | Omo Hlungwane              | 1117    | Male   | Waterfall City Ac     | 27:05  | Y           | 3       |
| 2        | 4       | Quintin Honey              | 9395    | Male   | CCJ                   | 27:21  | N           | 2       |
| 3        | 6       | Madimetsa David Mothapo    | 9974    | Male   | Varsity Kudus         | 27:22  | Y           | 4       |
| 4        | 9       | Tshepo Mamorare            | 5288    | Male   | Randburg Harriers     | 28:55  | Y           | 3       |
| 5        | 10      | Simon Mosea                | 11313   | Male   | Katlehong A.C         | 29:20  | N           | 2       |
| 6        | 13      | Simon Motloun              | 4083    | Male   | KOPANO AC             | 29:27  | N           | 2       |
| 7        | 16      | Motlatsi Sasing            | 8821    | Male   | Nedbank               | 29:44  | Y           | 2       |
| 8        | 17      | Tumelo Magere Sedibe Malap | 13813   | Male   | SAPS                  | 29:51  | N           | 3       |
| 9        | 26      | Moeketsi Tsoediane         | 1854    | Male   | Meadowlands A.C       | 32:10  | Y           | 4       |
| 10       | 32      | Mmeselane Ramoshu          | 5241    | Male   | SAPG                  | 43:46  | N           | 4       |
| 11       | 34      | Eliphas Surprise Mosala    | 23730   | Male   | FFA                   | 32:55  | Y           | 3       |
| 12       | 35      | John Bokaba                | 16943   | Male   | Mogale Citizens AC    | 33:59  | Y           | 3       |
| 13       | 37      | Lindsey Parry              | 12020   | Male   | Fourways road runners | 334:15 | Y           | 3       |
| 14       | 40      | Danie Joubert              | 26850   | Male   | Randburg Harriers     | 34:39  | N           | 2       |
| 15       | 43      | Selewane Shadrack Kereng   | 9923    | Male   | Colossus              | 36:24  | Y           | 4       |
| 16       | 45      | Eddie Thekiso              | 20190   | Male   | Mogale Citizens AC    | 36:52  | N           | 3       |
| 17       | 47      | Masilo Golden Ramannya     | 35      | Male   | SAPG                  | 37:24  | Y           | 2       |
| 18       | 55      | Phutego Mochine            | 13142   | Male   | Hollywood AC          | 39:41  | Y           | 5       |
| 19       | 58      | Thabo Marumo               | 179     | Male   | RAC                   |        | N           | 3       |

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**MASTER MEN (50-59) - 8KM**

**Master Men 50-54**

| Position | Overall | Name                  | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 1       | Matome Charles Moloto | 5059    | Male   | AECI                  | 26:50 | N           | 2       |
| 2        | 8       | Modise Mokaoane       | 6162    | Male   | Kagiso Striders       | 28:24 | Y           | 3       |
| 3        | 11      | Vusi Nkosi            | 16297   | Male   | Orange farm AC        | 29:22 | Y           | 5       |
| 4        | 14      | Mduduzi Nkwanyana     | 384     | Male   | RAC                   | 29:43 | Y           | 3       |
| 5        | 15      | Timothy Makofane      | 7889    | Male   | Scaw                  | 29:43 | Y           | 5       |
| 6        | 22      | Sifiso Zimu           | 23756   | Male   | Hollywood AC          | 31:36 | Y           | 3       |
| 7        | 23      | Joel Mathusane        | 10098   | Male   | United stars AC       | 31:44 | Y           | 2       |
| 8        | 30      | Pius Hlatshwayo       | 2153    | Male   | UJ                    | 32:39 | Y           | 5       |
| 9        | 31      | Donald Kubheka        | 2417    | Male   | Khuphukani AC         | 32:41 | Y           | 4       |
| 10       | 36      | Sello Moiloa          | 14072-A | Male   | Kagiso Striders       | 34:08 | Y           | 3       |
| 11       | 44      | Angelo Groep          | 7935    | Male   | Pegasus AC            | 36:44 | Y           | 3       |
| 12       | 50      | Golden Jowa           | 23738   | Male   | FFA                   | 38:09 | N           | 3       |
| 13       | 57      | Bongani Socishe       | 6039    | Male   | Malvern               |       | Y           | 2       |
| 14       | 59      | Bethwell Qangule      | 14597   | Male   | Sibanye Stillwater AC |       | N           | 1       |
| 15       | 61      | Wilright Ramohlale    | 11899   | Male   | JMPD                  |       | N           | 1       |

**Master Men 55-59**

| Position | Overall | Name                     | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------------|---------|--------|-----------------------|-------|-------------|---------|
| 1        | 20      | Solomon Khumalo          | 5007    | Male   | Carlton AC            | 31:26 | N           | 2       |
| 2        | 21      | George Mooi              | 942     | Male   | Gallopers AC          | 31:30 | Y           | 2       |
| 3        | 28      | Nkosiyethu Nala          | 7267    | Male   | Standard Bank AC      | 32:20 | Y           | 2       |
| 4        | 29      | Esau Miya                | 641     | Male   | SAPG                  | 32:27 | Y           | 4       |
| 5        | 39      | Lesetja Johannes Mangala | 11245   | Male   | East AC               | 34:38 | Y           | 4       |
| 6        | 41      | Reuben Maisela           | 9523    | Male   | Scaw                  | 35:12 | Y           | 5       |
| 7        | 46      | Billy Majafa             | 26788   | Male   | GDE                   | 37:10 | Y           | 2       |
| 8        | 53      | Moses Mathunyana         | 645     | Male   | Lara AC               | 39:01 | N           | 2       |
| 9        | 56      | Isaac Tete               | 7963    | Male   | SANDF                 |       | N           | 1       |
| 10       | 60      | George Mngomezulu        | 14575   | Male   | Sibanye Stillwater AC |       | Y           | 4       |

**OTHER**

| Category | Overall | Name             | Licence | Gender | Club                  | Time  | Birth Cert. | Leagues |
|----------|---------|------------------|---------|--------|-----------------------|-------|-------------|---------|
| 35-39    | 12      | Olebogeng Masire | 14622   | Male   | Sibanye Stillwater AC | 29:23 | N           | 3       |
| 35-39    | 48      | Siyaya Khoza     | 9117    | Male   | Nedbank               | 37:32 | N           | 1       |
| 65-69    | 62      | Thulane Dhlamini | T5-211  | Male   | Warriors of West      |       | N           | 1       |
| Senior   | 42      | Ayanda Khumalo   | 26841   | Male   | Harambe AC            | 36:01 | Y           | 3       |

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**SENIOR MEN - 4KM**

| Position | Overall | Name                         | Licence | Gender | Club                | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|---------------------|-------|-------------|---------|
| 1        | 3       | Kabelo Melamu                | 800     | Male   | Nedbank             | 12:15 | Y           | 3       |
| 2        | 5       | Mpumelelo Mokoena            | 23107   | Male   | Benoni Northerns    | 12:28 | Y           | 2       |
| 3        | 6       | Oscar Siyabulela Notshweleka | 7903    | Male   | Ivory Park          | 12:36 | Y           | 4       |
| 4        | 8       | Thabang Makgatho             | 3680    | Male   | Thembisa AC         | 12:42 | Y           | 3       |
| 5        | 9       | Nando Mafuyeka               | 6926    | Male   | Mamepe Striders     | 12:46 | Y           | 3       |
| 6        | 10      | Lehlohonolo Lusiti           | 12533   | Male   | UJ                  | 12:48 | Y           | 4       |
| 7        | 15      | Bongani Mgcina               | 12064   | Male   | UJ                  | 13:00 | Y           | 3       |
| 8        | 16      | Tebogo Betana                | 12713   | Male   | Waterfall City Ac   | 13:04 | Y           | 3       |
| 9        | 17      | Lungane Malatji              | 795     | Male   | Itumeleng Ac        | 13:09 | Y           | 3       |
| 10       | 18      | Jooma Mkhize                 | 2673    | Male   | Take It Easy AC     | 13:12 | N           | 3       |
| 11       | 19      | Thato Molatedi               | 11019   | Male   | Diepkloof AC        | 13:18 | N           | 2       |
| 12       | 20      | Kemisetso Mohlala            | 25853   | Male   | Scaw                | 13:25 | N           | 2       |
| 13       | 21      | Tony Nyilika                 | T5-216  | Male   | Thembisa AC         | 13:32 | Y           | 2       |
| 14       | 23      | Victor Tshepang Sefitlholo   | 2332    | Male   | Gallopers AC        | 13:40 | Y           | 2       |
| 15       | 24      | Kabelo Sefali                | 12937   | Male   | Waterfall City Ac   | 13:44 | N           | 3       |
| 16       | 26      | Tumelo Rathobotha            | 11018   | Male   | Diepkloof AC        | 13:47 | Y           | 3       |
| 17       | 27      | Thabo Mohokane               | 20395   | Male   | UJ                  | 13:49 | N           | 3       |
| 18       | 29      | Smangalizo Kganye            | 26430   | Male   | Warriors of West    | 13:51 | Y           | 2       |
| 19       | 31      | Gcina Mazibuko               | 10009   | Male   | Boxer               | 13:53 | Y           | 3       |
| 20       | 32      | Zithulele Ntanz              | 975     | Male   | Cell C AC           | 13:57 | N           | 1       |
| 21       | 33      | Neo Dladla                   | 13419   | Male   | Lesedi AC           | 14:08 | Y           | 2       |
| 22       | 35      | Tshenolo Makhaphela          | 11016   | Male   | Diepkloof AC        | 14:12 | N           | 2       |
| 23       | 38      | Peter Ramokone               | 5640    | Male   | FootPrint AC        | 14:43 | N           | 1       |
| 24       | 39      | Thabang Mawela               | 14407   | Male   | Daveyton Hearts AC  | 14:46 | Y           | 3       |
| 25       | 41      | Hendrick Motswai             | T4-099  | Male   | RunningWithTumiSole | 14:58 | N           | 2       |
| 26       | 49      | Ofentse Pnetoe               | 26429   | Male   | Warriors of West    | 16:16 | Y           | 3       |
| 27       | 50      | Rikus Lotriet                | 17054   | Male   | Run Zone            | 16:26 | Y           | 3       |



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### **MEN UNDER 23 - 4KM**

| Position | Overall | Name                 | Licence | Gender | Club               | Time  | Birth Cert. | Leagues |
|----------|---------|----------------------|---------|--------|--------------------|-------|-------------|---------|
| 1        | 1       | Leslie Mokoena       | 405     | Male   | Phantane AC        | 11:56 | N           | 1       |
| 2        | 2       | Sibusiso Msibi       | 12520   | Male   | UJ                 | 12:06 | Y           | 4       |
| 3        | 4       | Enoch Ofentse Bokaba | 8773    | Male   | UJ                 | 12:25 | Y           | 3       |
| 4        | 7       | Siphwe Mtolo         | 433     | Male   | Phantane AC        | 12:41 | N           | 1       |
| 5        | 11      | Frans Betha          | 12055   | Male   | Mogale Citizens AC | 12:48 | N           | 4       |
| 6        | 12      | Kutlwano Molotsi     | 4086    | Male   | KOPANO AC          | 12:50 | Y           | 4       |
| 7        | 13      | Mahlomola Khanye     | 7637    | Male   | Mohlakeng AC       | 12:55 | N           | 3       |
| 8        | 14      | Reatlegile Mosweu    | 435     | Male   | Phantane AC        | 12:56 | Y           | 2       |
| 9        | 22      | Thabang Hajane       | 11740   | Male   | UJ                 | 13:38 | Y           | 2       |
| 10       | 28      | Nhlakanipho Nyambi   | 4526    | Male   | Masai              | 13:50 | N           | 3       |
| 11       | 30      | Mpho Simali          | 26840   | Male   | Harambe AC         | 13:51 | N           | 3       |
| 12       | 36      | Emmanuel Manloa      | T5-405  | Male   | United Stars AC    | 14:18 | N           | 1       |
| 13       | 37      | Ndumiso Ntombela     | T5-120  | Male   | East AC            | 14:25 | N           | 2       |
| 14       | 42      | Sergio Nxumalo       | 25930   | Male   | Nedbank            | 15:04 | Y           | 3       |
| 15       | 43      | Nqubeko Kubheka      | T5-130  | Male   | Ubuhle             | 15:07 | N           | 1       |
| 16       | 45      | Phuti Mathusane      | 5944    | Male   | UWC                | 15:23 | N           | 1       |
| 17       | 46      | Thebe Rakgotho       | T5-210  | Male   | Mogale Citizens AC | 15:51 | N           | 1       |
| 18       | 55      | Tumiso Mashau        | T5-224  | Male   | Ubuhle             | 17:11 | N           | 1       |
| 19       | 67      | Juandre De Bruin     | 24471   | Male   | Boxer              | 24:45 | N           | 2       |

### **MEN - OTHER**

| Category | Overall | Name               | Licence | Gender | Club     | Time  | Birth Cert. | Leagues |
|----------|---------|--------------------|---------|--------|----------|-------|-------------|---------|
| Under 15 | 25      | Joshua Jowa        | 42723-A | Male   | FFA      | 13:45 | N           | 4       |
| Under 15 | 57      | Oreneile Victoria  | 40318   | Male   | Colossus | 18:05 | N           | 2       |
| Under 17 | 40      | Nhlakanipho Maduna | 452     | Male   | RAC      | 14:48 | Y           | 4       |
|          | 34      | Thabiso Sekatso    | 25946   | Male   | Nedbank  | 14:08 | N           | 1       |
| 45-49    | 68      | Albert Mhlongo     | 739     | Male   | Lara AC  | 27:21 | N           | 1       |



## League 5 - 12 July - Westonaria Sports Complex

### **SENIOR WOMEN - 4KM**

| Position | Overall | Name              | Licence | Gender | Club              | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|-------------------|-------|-------------|---------|
| 1        | 44      | Welma Nkuna       | 6918    | Female | MalcomX AC        | 15:11 | Y           | 3       |
| 2        | 47      | Simphiwe Mabuza   | 4759    | Female | Gallopers AC      | 15:55 | Y           | 3       |
| 3        | 48      | Johannah Sethowa  | 11487   | Female | UJ                | 16:06 | Y           | 3       |
| 4        | 53      | Amely Chauke      | 9611    | Female | Nedbank           | 16:54 | Y           | 3       |
| 5        | 60      | Koketso Molotja   | 1588    | Female | Top Runners A.C   | 18:59 | N           | 2       |
| 6        | 62      | Unathi Sibanda    | 19798   | Female | Distance Run Club | 19:12 | N           | 2       |
| 7        | 63      | Thato Lkena       | 4117    | Female | Gauteng striders  | 19:13 | N           | 1       |
| 8        | 64      | Nthatisi Mokhele  | 2522    | Female | Ikhayaletu AC     | 20:39 | N           | 4       |
| 9        | 66      | Phumzile Mthethwa | 2413    | Female | Khuphukani AC     | 22:58 | Y           | 2       |

### **WOMEN UNDER 23 - 4KM**

| Position | Overall | Name                        | Licence | Gender | Club            | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------------|---------|--------|-----------------|-------|-------------|---------|
| 1        | 51      | Shokane Kgopotso            | 25188   | Female | UJ              | 16:30 | Y           | 3       |
| 2        | 52      | Faith Mabhena               | 19242   | Female | UJ              | 16:42 | Y           | 3       |
| 3        | 54      | Angel Innocentia Tshabalala | 4394    | Female | Ubuhle          | 17:03 | Y           | 4       |
| 4        | 56      | Simphiwe Mohlahla           | 15490   | Female | Lesedi AC       | 17:19 | Y           | 4       |
| 5        | 58      | Polena Mokgala              | 2130    | Female | Lydiard         | 18:35 | Y           | 2       |
| 6        | 59      | Nomonde Mngoma              | T5-126  | Female | FFA             | 18:48 | N           | 3       |
| 7        | 61      | Katlego Selemela            | 42854   | Female | Thembisa AC     | 19:08 | Y           | 2       |
| 8        | 65      | Kitso Gaorekwe              | 42976   | Female | Kagiso Striders | 21:19 | Y           | 4       |



## League 5 - 12 July - Westonaria Sports Complex

### JUNIOR MEN / BOYS UNDER 19 - 8KM

| Position | Overall | Name                       | Licence | Gender | Club                   | Time  | Birth Cert. | Leagues |
|----------|---------|----------------------------|---------|--------|------------------------|-------|-------------|---------|
| 1        | 1       | Oratile                    | 42817   | Male   | Cool running           | 25:06 | N           | 2       |
| 2        | 2       | Avuma Pheza                | 40437   | Male   | NWU AC                 | 25:22 | Y           | 2       |
| 3        | 3       | Benkosi Maqwara            | 42879   | Male   | Thembisa AC            | 25:37 | Y           | 2       |
| 4        | 4       | Tshepo Letsolo             | 42818   | Male   | Cool running           | 25:43 | Y           | 3       |
| 5        | 5       | Jaun- Pierre Van Der Berg  | 42769   | Male   | Irun                   | 25:53 | Y           | 2       |
| 6        | 6       | Sediba Machipi             | 41901   | Male   | Ivory Park             | 26:03 | Y           | 3       |
| 7        | 8       | Nhlanhla Mgaga             | 42839   | Male   | Distance Run Club      | 26:09 | N           | 3       |
| 8        | 9       | Zane Strydom               | 24473   | Male   | Boxer                  | 26:19 | Y           | 2       |
| 9        | 12      | Semkelo Naba               | 43077   | Male   | Mogale Citizens AC     | 26:44 | N           | 3       |
| 10       | 13      | Kamogelo Rathwakga         | 42722   | Male   | FootPrint AC           | 26:47 | N           | 4       |
| 11       | 16      | Neo Mothae                 | T4-014  | Male   | University of Pretoria | 27:20 | Y           | 2       |
| 12       | 17      | Phomello Ranala            | T5-150  | Male   | Urithi                 | 27:21 | N           | 2       |
| 13       | 18      | Paballo Mmutle             | 42382   | Male   | Nedbank                | 27:23 | Y           | 3       |
| 14       | 19      | Tshepo Motsoeneng          | 41876   | Male   | Boxer                  | 27:32 | Y           | 2       |
| 15       | 21      | Boikanyo Mogokonjane       | 40320   | Male   | Boxer                  | 27:52 | Y           | 3       |
| 16       | 22      | Given Fhulufhelo Mahamotse | 4400AVT | Male   | Sasol AC               | 27:56 | N           | 1       |
| 17       | 23      | Thoriso Kgomo              | 40646   | Male   | Mogale Citizens AC     | 28:16 | Y           | 3       |
| 18       | 24      | Karabo Kogoane             | 40325   | Male   | Colossus               | 28:19 | N           | 2       |
| 19       | 25      | Miracle Maluza             | T5-107  | Male   | No Club                | 29:10 | N           | 2       |
| 20       | 27      | Tlhalefang Mokasi          | 41442   | Male   | Mohlakeng AC           | 29:43 | Y           | 3       |
| 21       | 30      | Lebohang Mokoena           | 41500   | Male   | Ubuhle                 | 30:10 | Y           | 3       |
| 22       | 35      | Ntokozo Paballo Ntlati     | 41376   | Male   | Lesedi AC              | 31:46 | Y           | 3       |
| 23       | 36      | Lungisani Shabangu         | T5-092  | Male   | KOPANO AC              | 31:47 | Y           | 2       |
| 24       | 39      | Banele Jiyane              | 4404    | Male   | Sasol AC               | 34:55 | N           | 1       |
| 25       | 40      | Sphiwe Kuw                 | 42810   | Male   | Distance Run Club      | 34:55 | N           | 1       |
| 26       | 41      | Caleb Johnson              | 41565   | Male   | Run Zone               | 35:51 | N           | 2       |

### SUB VETERAN MEN (35-39) - 8KM

| Position | Overall | Name                              | Licence | Gender | Club                    | Time  | Birth Cert. | Leagues |
|----------|---------|-----------------------------------|---------|--------|-------------------------|-------|-------------|---------|
| 1        | 7       | Lebogang Edwin Khonkhobe          | 5255    | Male   | Nedbank                 | 26:03 | N           | 1       |
| 2        | 10      | Kedibone Owen Masipa              | 18059   | Male   | Rand Road Warriors      | 26:34 | N           | 3       |
| 3        | 11      | Thabiso Lethabane                 | 6470    | Male   | KOPANO AC               | 26:35 | Y           | 2       |
| 4        | 14      | Prince Jali                       | 2727    | Male   | Take It Easy AC         | 27:08 | Y           | 3       |
| 5        | 15      | Sinobom Mzukela                   | 330     | Male   | Sibanye Stillwater AC   | 27:10 | N           | 1       |
| 6        | 20      | Michael Mnguni                    | 26866   | Male   | FFA                     | 27:36 | Y           | 3       |
| 7        | 28      | Raymond Teboho Twala              | 22958   | Male   | Runningwithsole         | 29:49 | Y           | 3       |
| 8        | 29      | Motlalepula Mokhele               | 22966   | Male   | Runningwithsole         | 30:05 | Y           | 4       |
| 9        | 32      | Nhlanhla Vilakazi                 | 22855   | Male   | Hollywood AC            | 30:47 | Y           | 2       |
| 10       | 33      | Hlalefang Stemere                 | 10220   | Male   | Harmony AC              | 31:12 | N           | 4       |
| 11       | 34      | Sibusiso Ngwenya                  | 23731   | Male   | FFA                     | 31:13 | N           | 4       |
| 12       | 37      | Ayanda Dingile                    | 13730   | Male   | Waterfall City Ac       | 32:15 | Y           | 3       |
| 13       | 38      | Walter Mabote                     | 26441   | Male   | Colossus                | 32:22 | Y           | 2       |
| 14       | 42      | Maliyekwe Bonginkosi Ronald Nqiya | 14751   | Male   | Sibanye Stillwater AC   | 35:57 | Y           | 2       |
| 15       | 43      | Lunga Ngcongwane                  | 25000   | Male   | Gauteng e-Government AC | 37:47 | N           | 2       |
| 16       | 44      | Baba Manamela                     | 5374    | Male   | Corobrik                | 39:36 | N           | 4       |

### OTHER

| Category | Overall | Name         | Licence | Gender | Club            | Time  | Birth Cert. | Leagues |
|----------|---------|--------------|---------|--------|-----------------|-------|-------------|---------|
|          | 31      | Michael      | T5-406  | Male   | United Stars AC | 30:24 | N           | 1       |
| 50-54    | 26      | Tyson Siweya | 11509   | Male   | Carlton AC      | 29:15 | N           | 3       |



## League 5 - 12 July - Westonaria Sports Complex

### **OPEN MEN - 10KM**

| Position | Overall | Name                         | Licence | Gender | Club                 | Time  | Birth Cert. | Leagues |
|----------|---------|------------------------------|---------|--------|----------------------|-------|-------------|---------|
| 1        | 1       | Nkosiyethu Sotyantya         | 12189   | Male   | AFRICAN BANK RUNNERS | 31:38 | N           | 3       |
| 2        | 2       | Mokaedi Pheko                | 11579   | Male   | Diepsloot AC         | 31:49 | Y           | 4       |
| 3        | 3       | Sanele Dladla                | 11240   | Male   | KOPANO AC            | 32:15 | N           | 2       |
| 4        | 4       | Lesole Malakalaka            | 14505   | Male   | Masai                | 33:04 | N           | 2       |
| 5        | 5       | Derocious Makhobalo          | 13733   | Male   | Waterfall City Ac    | 33:23 | Y           | 2       |
| 6        | 6       | Michael Pienaar              | 14211   | Male   | Boksburg AC          | 33:30 | N           | 3       |
| 7        | 7       | Andries Moeng                | 12252   | Male   | Mogale Citizens AC   | 33:59 | N           | 1       |
| 8        | 8       | Lucky Ramphale               | T5-090  | Male   | No Club              | 34:19 | Y           | 2       |
| 9        | 9       | Brandon Viljoen              | 5259    | Male   | Nedbank              | 34:50 | Y           | 3       |
| 10       | 10      | Javas Makena                 | 14088   | Male   | East AC              | 34:52 | N           | 3       |
| 11       | 11      | Thabang Michael Mokoena      | 12715   | Male   | Waterfall City Ac    | 36:40 | Y           | 3       |
| 12       | 12      | Lindile Sokhuthu             | 10690   | Male   | Kagiso Striders      | 38:27 | Y           | 3       |
| 13       | 13      | Thamsanqa Winston Ramncwane  | T5-202  | Male   | Harambe AC           | 39:31 | N           | 2       |
| 14       | 14      | Siyabonga Kweyama            | 459     | Male   | Boxer                | 39:33 | Y           | 4       |
| 15       | 15      | Elias Lamola                 | 12061   | Male   | Scaw                 | 39:58 | N           | 3       |
| 16       | 17      | Hlayisani Curren Maswanganyi | 9140    | Male   | Rand Water           | 41:11 | N           | 1       |

### **OPEN WOMEN - 10KM**

| Position | Overall | Name              | Licence | Gender | Club             | Time  | Birth Cert. | Leagues |
|----------|---------|-------------------|---------|--------|------------------|-------|-------------|---------|
| 1        | 16      | Casey Bosman      | 19243   | Female | UJ               | 40:05 | N           | 3       |
| 2        | 18      | Kathryn Van Meter | 3168    | Female | Ubora            | 41:53 | N           | 3       |
| 3        | 19      | Lona Diko         | 10187   | Female | Warriors of West | 49:06 | Y           | 3       |